



MOUNTAIN
LODGES

Peru

SACRED VALLEY & LARES ADVENTURE TO MACHU PICCHU

an adventure for everyone



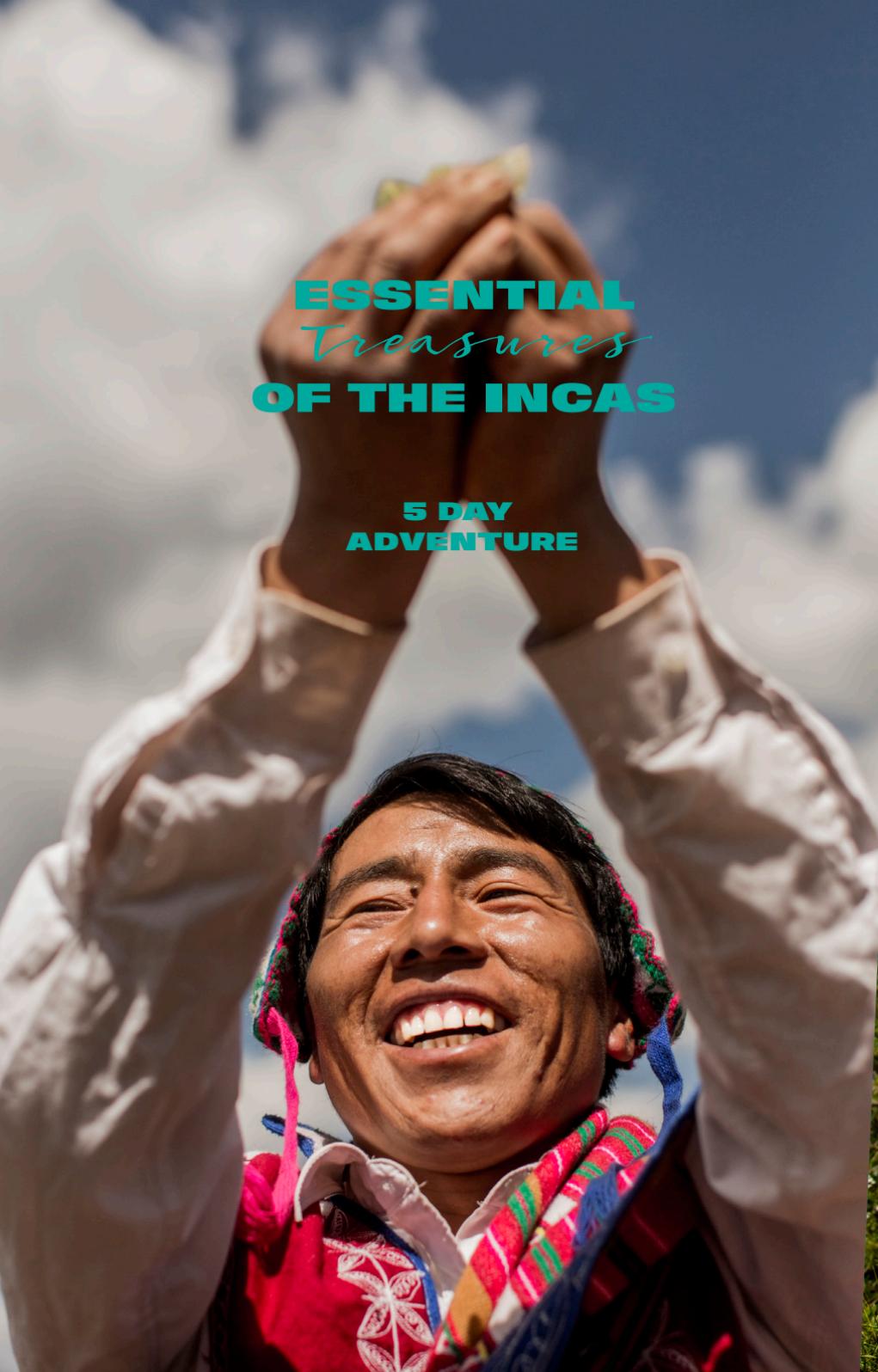


The Sacred Valley and Lares Adventure to Machu Picchu offers the perfect combination of unique cultural immersion and exciting adventure travel activities.

Daily expeditions will lead you along seldom-traveled highland trails surrounded by exquisite snow-capped peaks, past roving herds of llamas and alpacas, around impossibly hued turquoise lakes, and through graceful waterfalls. Your destinations will include fascinating archaeological sites, thought-provoking agricultural and commercial Andean cooperatives, and bustling towns and markets showcasing the flavors of the region as well as the wares of its skilled artisans.

Most importantly, you will travel to hidden communities unchanged for centuries for a unique up-close visit with local people.

Expert guides tailor the experience with an offer of à la carte activities and daily cultural encounters. At each day's sunset, settle into deluxe mountain lodges run in partnership with local communities, to prepare for a new day of multi-activity adventure and exploration.



ESSENTIAL
Treasures
OF THE INCAS

**5 DAY
ADVENTURE**



DEEP IMMERSION
into ancient
CULTURES

**7 DAY
ADVENTURE**

ITINERARIES

ESSENTIAL TREASURES
OF THE INCAS

5 day adventure

Day 01	Day 02	Day 03	Day 04	Day 05
<i>Exploring Písaq</i>	<i>Into the Heart of Lares</i>	<i>The Road to Ollantaytambo</i>	<i>Discovering Ollantaytambo / Inca Trail</i>	<i>The Citadel of Machu Picchu</i>

DEEP IMMERSION INTO
ANCIENT CULTURES

7 day adventure

Day 01	Day 02	Day 03	Day 04	Day 05	Day 06	Day 07
<i>Treasures of the Sacred Valley</i>	<i>Exploring Písaq</i>	<i>Into the Heart of Lares</i>	<i>Exploring Huacahuasi</i>	<i>The Road to Ollantaytambo</i>	<i>Discovering Ollantaytambo / Inca Trail</i>	<i>The Citadel of Machu Picchu</i>

Only available on the 7-day adventure

Only available on the 7-day adventure

Sacred Valley
& Lares Adventure
To Machu Picchu

Legend

- For 5 and 7 day adventure
- Only for 7 day adventure
- Hike
- Bike
- Train
- Urubamba River
- Km 104



Cusco



Sacred Valley of the Incas
TREASURES OF THE SACRED VALLEY

**Only available on the 7-day adventure*

Your adventure begins with an exploration of the beautiful archaeological site of Chinchero, where colonial buildings rest atop Inca foundations. Enjoy a marvelous hike through authentic Inca trails from Chinchero to the town of Urquillos.



Sacred Valley of the Incas

**TREASURES OF THE
SACRED VALLEY**

**Only available on the 7-day adventure*

Go back in time and study the natural salt mines of Maras and the astonishing circular terraces of Moray.



Sacred Valley of the Incas
TREASURES OF THE SACRED VALLEY
at a glance



Time to enjoy



Endless horizons



Lamay lodge

GROUP ACTIVITY

In the morning the whole group visits the archaeological site of Chinchero.

ACTIVITY MENU

Morning to noon


CULTURAL ACTIVITY

Guided tour of the archaeological site of Chinchero, Moray Inca agricultural site and the salt mines of Maras.

HIKE

 Chinchero to Urquillos

 Approximately 3 hours

 Easy to moderate

OVERNIGHT

Lamay Lodge (9,705' / 2,958 m), located in the town of Lamay, in the Sacred Valley of the Incas.

Sacred Valley of the Incas
EXPLORING PISAQ

Start the trip with a morning visit to the famous market of Písac. Its unique array of products will inspire you with a taste of rich Andean culture.



Sacred Valley of the Incas
EXPLORING PISAQ

As an alternative, travelers can opt for an invigorating morning hike surrounded by amazing views. Afterwards, at the isolated community of Viacha, learn about traditional Andean farming.



Sacred Valley of the Incas
EXPLORING PISAQ

Then, hike towards the
archaeological complex of Písac.



Sacred Valley of the Incas

EXPLORING PISAQ

at a glance



Lamay lodge



local crafts



traditional food

ACTIVITY MENU

Morning to noon

CULTURAL ACTIVITY

Visit the town of Písaq and local market, and experience an encounter with members of the local community of Viacha.

HIKE

From the local community of Amaru to the local community of Viacha.

Approximately 3 hours

Moderate

Max. elevation: 14,200' / 4,328 m

GROUP ACTIVITY

Meet the Viacha locals and learn about their traditional Andean farming practices. In the afternoon, the whole group visits the archaeological site of Písaq, before heading back to the lodge.

OPTIONAL

BIKE EXCURSION

(Subject to additional cost).

Bike along the Urubamba River from Lamay Lodge to Písaq Town.

Approximately 3 hours

Easy to moderate

OVERNIGHT

Lamay Lodge (9,705' / 2,958 m), located in the town of Lamay, in the Sacred Valley of the Incas.

Note: The bike excursion is only available on the 7-day adventure. The 5-day adventure includes an early morning visit to Awanakancha, an Andean camelid exhibition and traditional weaving center.



adventure **IS THE WAY FORWARD**

Lares Valley

INTO THE HEART OF LARES

On this day you will go even deeper through an exploration into the heart of the Andes: the Lares Valley. Visit the truly unique archaeological site of Ancasmарca along the hub-town of Lares, a site not often visited by tourists and so allows for an intimate experience.



Lares Valley
INTO THE HEART OF LARES

Visit the ancient weavers' village of Choquecancha or opt for a hike amidst turquoise blue lakes to the village of Huacahuasi.



Lares Valley

INTO THE HEART OF LARES

at a glance



authentic encounters



gourmet dinner



community of Choquecancha

GROUP ACTIVITY

Morning to noon

In the morning, briefly explore the town of Lamay and visit the archaeological site of Ancasmara.

ACTIVITY MENU


CULTURAL ACTIVITY


Visit the town of Choquecancha, meet with local weavers and experience an encounter with members of community.

HIKE 1

 From Quelquena to Huacahuasi


 Approximately 2.5 hours

 Easy to moderate


 Max. elevation: 12,595' / 3,839 m

HIKE 2

 From Cuncani to Huacahuasi

 Approximately 4 hours

 Moderate

 Max. elevation: 13,838' / 4,219 m

OVERNIGHT

Huacahuasi Lodge (12,585' / 3,835 m), located in the local community of Huacahuasi, in the Lares Region.

Note: Guests that opt for the cultural activity will have lunch at the local community of Choquecancha. Guests that opt for the hikes will have lunch en route.

Lares Valley
EXPLORING HUACAHUASI

**Only available on the 7-day adventure*

Go for an early walk within the village of Huacahuasi and learn more about its heritage and daily activities, with a possible visit to a farmer's home. Then take a Peruvian food cooking class and test your skills with the rest of the group.



Lares Valley
EXPLORING HUACAHUASI

**Only available on the 7-day adventure*

For those who want to go deeper into the remoteness of the mountains, challenge yourself with an all-day hike from the community of Quiswarani onto the “Trail of 1,000 Lakes”.



Lares Valley
EXPLORING HUACAHUASI
at a glance



sweet local flavors



Cooking class



Huacahuasi lodge

ACTIVITY MENU

All day

CULTURAL ACTIVITY

Explore the village, meet local weavers and participate in a cooking class.

HIKE 1

Visit to the community of Huacahuasi and walk to nearby waterfall

Approximately 1.5 hours

Easy

HIKE 2

From Quiswarani to Quelquena

Approximately 6.5 hours

Challenging

Max. elevation: 14,505' / 4,421 m

OVERNIGHT

Huacahuasi Lodge (12,585' / 3,838 m), located in the local community of Huacahuasi, in the Lares Region.

The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

After breakfast, drive from Huacahuasi to Patacancha and spend time with community members to learn about local produce and Andean medicinals before moving on to the village of Huilloc. From there, embark on a vigorous hike to Pumamarca, or choose to visit the sheepherding community of Marcacocha to participate in a traditional Andean ceremony in honor of the apus (Inca deities) for the good health of their flock. Midday, your group will reunite in Pumamarca for lunch and a tour of the archaeological site.



The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

In the afternoon, hike from Pumamarca through the verdant agricultural terraces along the Urubamba Valley, or opt for a scenic drive Ollantaytambo, the oldest ‘living city’ in South America, to explore its charming maze-like streets and alleyways.

After reuniting in Ollantaytambo, the afternoon ends with an optional visit to an artisan beer brewery before check-in and dinner in your Sacred Valley hotel.



The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

at a glance



Perfect end

craft beers

ACTIVITY MENU

All day

CULTURAL ACTIVITY

Spend time in with the community members of Patacancha to learn about local produce and Andean medicinals. Visit the local community of Huilloc and later share a unique Andean Ceremony, explore the farming terraces on the way to Ollantaytambo town, where you will find a living Inca stone town.

HIKE 1

In the morning

From Huilloc to Pumamarca, stopping by the Ayar Orco Inca Cemetery.

Approximately 3 hours

Moderate

GROUP ACTIVITY

Visit the archaeological site of Pumamarca.

HIKE 2

In the afternoon

From Pumamarca to Ollantaytambo .

Approximately 3 hours

Moderate

OPTIONAL

Enjoy a visit to an artisanal brewery (This activity has an additional cost).

OVERNIGHT

Kuychi Rumi Lodge*
(9,284' / 2,830 m)

*Tucked away in the lush Urubmaba Valley, Kuychi Rumi features charming casitas surrounding a beautiful central garden. (Accommodations: private guest rooms and baths in a shared casita.)

Sacred Valley of the Incas
DISCOVERING OLLANTAYTAMBO

Begin your day with an (optional) early morning hike to the Inca storage houses high above the town for an impressive view of the Ollantaytambo fortress and ceremonial site or spend your day hiking to the Machu Picchu Sun Gate on the classic Inca Trail.



Sacred Valley of the Incas
DISCOVERING OLLANTAYTAMBO

Explore the Ollantaytambo archaeological site with your guide before embarking on a scenic train ride to Aguas Calientes, followed by a visit to Machu Picchu in the afternoon.



Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

at a glance



Breathtaking



pinkuylluna

ACTIVITY MENU

HIKE 1

Lower Pinkuylluna mountain above Ollantaytambo

Approximately 1.5 hours (AM)

Moderate

HIKE 2

Higher Pinkuylluna mountain above Ollantaytambo

Approximately 2 hours (AM)

Moderate to challenging

OPTIONAL

HIKE*

(Subject to additional cost).

KM 104 to Machu Picchu

Approximately 6 hours

Moderate to challenging

**Please note: This full-day activity replaces the standard programmed itinerary. Must be booked 60 days prior to departure to secure permits. For more details see page 31.*

GROUP ACTIVITY

After the optional early morning activities, explore the archaeological site of Ollantaytambo, before boarding the train to Aguas Calientes, followed by a first visit to Machu Picchu in the afternoon.

OVERNIGHT

Hotel in Aguas Calientes (6,232' / 1,900 m), located at the base of Machu Picchu.



**ONE'S DESTINATION IS
NEVER A PLACE, BUT A
new way
OF SEEING THINGS**

– Henry Miller

Machu Picchu

THE CITADEL OF MACHU PICCHU

After breakfast at the hotel, you will once again have the opportunity to visit Machu Picchu for a two-hour guided tour of the citadel. As you enter the ‘sanctuary’ (as locals refer to it), prepare to be awed by the imposing, skillful architecture of the Watchtower, the Temple of the Sun, and the royal Inca residences, among others. Take a moment to quietly sit and listen to the wind... Your imagination will soar as you contemplate the history of Machu Picchu and its mysterious origins.



Machu Picchu

THE CITADEL OF MACHU PICCHU

Some may even choose to hike the iconic towering mountain of Huayna Picchu. During your visit you will be touched by a feeling of peace and rejuvenation that will likely last until you get back to the city of Cusco.



Machu Picchu

THE CITADEL OF MACHU PICCHU

at a glance



an awesome view



time to relax



Magnificent Cusco

GROUP ACTIVITY

Early in the morning visit the Inca citadel of Machu Picchu.

ACTIVITY MENU

Late morning, after the group activity

CULTURAL ACTIVITY

Free time to explore the Inca citadel of Machu Picchu (7,872' / 2,400 m)

HIKE

Guided hike of Huayna Picchu mountain

Approximately 2.5 hours

Moderate to challenging

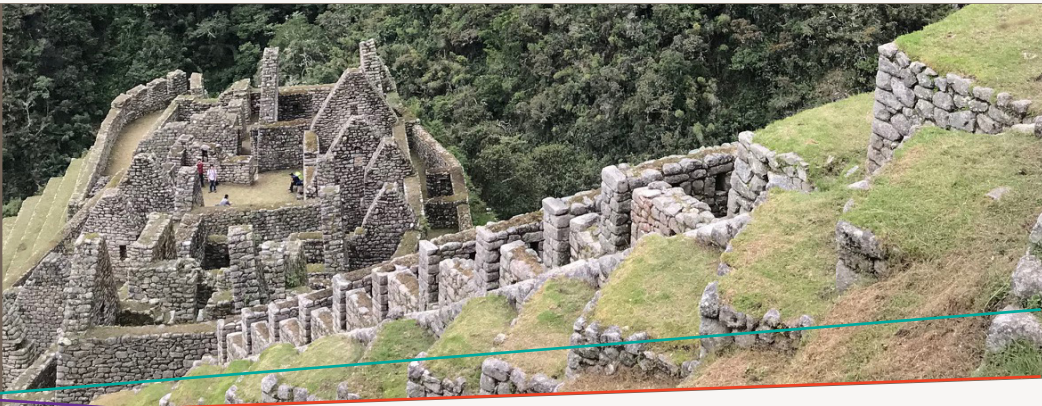
Max. elevation: 8,294' / 2,720 m

Note: Huayna Picchu mountain tickets are subject to availability.

KM 104: ONE-DAY INCA TRAIL TO MACHU PICCHU

Subject to availability and additional cost

Mountain Lodges of Peru is proud to offer guests on our 5- and 7-day Sacred Valley and Lares Adventure the option to incorporate a one-day hike along Peru’s Classic Inca Trail. Starting the hike at KM 104 and arriving on foot at the ruins of Machu Picchu via the citadel’s iconic Sun Gate just above.



Itinerary

- **5:30am** Breakfast at the hotel in Sacred Valley.
- **6:30am** Depart hotel for a 30 min. transfer to Ollantaytambo train station and embark on a 1.5 hour train ride to KM 104.
- **9:30am** Cross the Chachabamba bridge to begin your hike. Ascend to Wiñay Wayna, an archaeological complex featuring ancient houses, fountains, and agricultural terraces overlooking the Urubamba river. Continue on to the Sun Gate for your first glimpse of Machu Picchu.
- **4:00pm** Enjoy spectacular views as you descend along the perimeter of the citadel to catch the shuttle bus to Aguas

Calientes. (Note: Hikers will not explore the citadel until the group visit the following day.).

- **4:30pm** Board the shuttle bus and arrive at the Inkaterra Machu Picchu Pueblo Hotel by approximately 5:00 p.m.

Please note:

- The full-day KM 104 hike will replace the standard route offered on Day 4 of the 5-Day and Day 6 of the 7-Day Sacred Valley and Lares Adventure.
- This activity must be booked a minimum of 60 days prior to departure date in order to solicit the necessary trail permits. In addition, please be advised that these permits are subject to availability and out of MLP

- Trail permits do not include a same-day visit to the Machu Picchu citadel.
- All groups must be accompanied by a guide, with a maximum of 16 hikers per group.

- Trail permit to hike the one-day classic Inca Trail route from KM 104 to Machu Picchu.
- Bus ticket from the Machu Picchu citadel to Aguas Calientes.

Additional Cost Includes:

- Transfer from the hotel in the Sacred Valley to Ollantaytambo train station.
- Services of an experienced trail guide (one MLP guide will accompany each group of hikers up to 8 guests, with a second assistant guide joining for any groups of 9-16 guests).
- Snacks & box lunch.
- Train ticket from Ollantaytambo station to KM 104.

Please advise your MLP travel specialist at time of program booking.

SPEND AN EXTRA DAY AT MACHU PICCHU



Even though you have enough time to see the core of Machu Picchu Sanctuary during the regular guided tour, most of our guests realize that they would have liked to stay a little longer since there is so much to explore! Let us know at time of reservation if you would like to add this optional day.

OPTION A

- One (1) additional night at Inkaterra Machu Picchu Pueblo Hotel, including dinner and breakfast & lunch the next day
- One (1) single-entrance ticket to Machu Picchu
- Round-trip shuttle bus transportation from Aguas Calientes
- Transportation from Ollantaytambo train station back to Cusco

OPTION B

- One (1) additional night at Inkaterra Machu Picchu Pueblo Hotel, including dinner and breakfast & lunch the next day
- Transportation from Ollantaytambo train station back to Cusco

OPTION C

- One (1) additional night at Inkaterra Machu Picchu Pueblo Hotel, including dinner and breakfast & lunch the next day

ADDITIONAL SERVICES

FULL-SERVICES PACKAGES

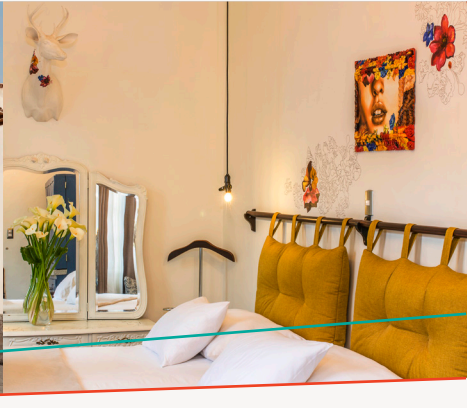
Let us make your MLP Adventure even better with some itinerary additions to simplify planning and make your journey truly unforgettable!

Our MLP travel specialists are happy to organize hotel reservations, airport transfers, and personalized tours during your stay in Peru.

Andenes



XO Art



MLP recommends arriving in Cusco 1-2 days prior to the start of your adventure to get comfortable with the altitude while you explore this fascinating historical city. You may also want to consider spending an extra day in Machu Picchu during your journey.

We are pleased to offer these new lodging and services packages designed for your convenience.

PACKAGE 1

- Round-trip Cusco airport transfers
- Two (2) nights lodging at MLP Properties
- One (1) night lodging at MLP Properties upon return to Cusco
- One (1) additional night at Inkaterra Machu Picchu Pueblo Hotel, including dinner and breakfast & lunch the next day
- One (1) single-entrance ticket and round-trip shuttle bus transportation from Aguas Calientes
- Transportation from Ollantaytambo train station back to Cusco

PACKAGE 2

- Round-trip Cusco airport transfers
- Two (2) nights lodging at MLP Properties before or after your MLP adventure
- Additional Day at Machu Picchu – Option A:
- One (1) additional night at Inkaterra Machu Picchu Pueblo Hotel, including dinner and breakfast & lunch the next day
- One (1) single-entrance ticket and round-trip shuttle bus transportation from Aguas Calientes
- Transportation from Ollantaytambo train station back to Cusco

PACKAGE 3

- Round-trip Cusco airport transfers
- Three (3) nights lodging at MLP Properties before or after your MLP adventure
- Transportation from Ollantaytambo train station back to Cusco

HOTEL AND TRANSFER INFORMATION



Airport Transfers

Private vehicle transfers to and from the Cusco airport. Upon arrival in Cusco, guests will be met at the airport by an MLP representative and escorted to their vehicle.

MLP Travel Extension Packages

Let our MLP travel specialists help you expand your itinerary beyond Cusco and Machu Picchu! Visit other iconic destinations in Peru's colorful Andean highlands, lush Amazonian jungle, and expansive desert coastline. We offer curated trip extensions in The Sacred Valley of the Incas, Arequipa/ Colca Canyon, Nazca/Paracas, Lake Titicaca, the Amazon, and more.

Andenes - new!

Andenes, our new property in Cusco features 16 beautifully appointed guest rooms, including two superior deluxe suites, plus an independent Apart Suite. The property's interiors are curated with a mix of colonial ambiance and modern aesthetics, inspired by the culture and tradition of this unique destination including the andenes or agricultural platforms that make up the foundation of the original colonial house. It is located in the San Blas neighborhood, just steps away from the picturesque main square.

www.andenesCUSCO.com

X.O Art House

X.O Art House, by Mountain Lodges of Peru is a unique luxury lodging experience housed in a restored Spanish Colonial casona in the city's San Blas art quarter. This intimate property is comprised of only seven guest rooms that feature works of art by notable contemporary Cusqueñan artists and offers full-service personalized attention.

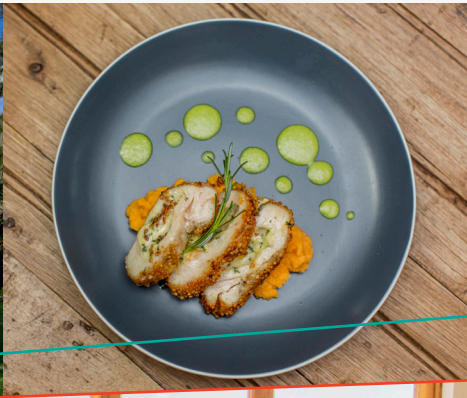
www.xoarthouseCUSCO.com

Palacio Del Inka

A Luxury Collection Hotel, Palacio del Inka offers 5-star accommodations in a historic Spanish Colonial mansion, centrally located and adjacent to the Inca Temple of the Sun. www.libertador.com.pe/en/hotel/palacio-del-inka-luxury-collection/

THE LODGES

Our mountain lodges have brought together traditional Inca building techniques and sensitivity to the surrounding environment with all the comforts of home. At the end of each day, you will enjoy hot showers, fine gourmet meals, select wines, goose-down bedding, massages, outdoor jacuzzis and highly personalized service from our local staff.



GUIDES

Our guides are among the best in Peru (some even having won international awards) and have on average at least 15 years of experience guiding in the mountains, not only in Peru, but around the world. Many of them are considered pioneers in this area, having scouted many of the current routes in the country. All Mountain Lodges of Peru guides have excellent language skills, and are highly trained in managing group dynamics. All guides undergo continuous medical and rescue training, with a certification in “Wilderness First Aid.” You will appreciate their knowledge of history and cultural traditions, as well as their interpretation of local flora and fauna, and their great insights (and stories!) that go far beyond any guide or history book.



GIVING BACK



In 2006 Mountain Lodges of Peru sponsored the creation of Yanapana Peru, a not-for-profit Civil Association dedicated to social and environmental responsibility. Yanapana is committed to improving the quality of life through sustainable community development, in an effort to reduce extreme poverty in the Andean highlands.

Main activities of the association include donations for the enhancement of

nutrition and infrastructure at a local public school, funding and training for local entrepreneurs, which include jam and honey, handmade textiles and organic coffee production. Other supportive efforts are directed towards child sponsorship programs, as well as medical prevention, detection and treatment programs.

In our own journey through sustainability, we realized that it

was necessary to take steps beyond what was traditionally being done in social inclusion, which is why in 2012, a joint-venture was born between the community of Huacahuasi and Mountain Lodges of Peru, naming it Kuska Purispa: Walking Together.

We are convinced that sustainable tourism in the region should be built around a model that empowers local communities, making them active

investors in local development projects for the long-term benefit of all. We are committed to work under this innovative business model and keep empowering and generating added value to local communities in Peru.



MOUNTAIN
LODGES
Peru

embrace life, encounter adventure



www.mountainlodgesofperu.com
info@mountainlodgesofperu.com

Peru_ +51 84243636
North America_ 1 877 491 5261
Brazil_ 0 800 891 5372

Europe_ +44 (0) 800 014 8886
Australia_ 1 800 445 497