

## QOLLOR'ITY FESTIVAL

Qoyllor'ity, the sacred annual pilgrimage to the foot of Mt. Ausangate, is one of the most majestic and colorful festivals in Cusco. Over 50,000 people, from the Andean highlands and beyond, travel during the sixth full moon of each year to pay homage to the stars, revered water sources, and the apus (mountains). Although Qoyllor'ity is known to have begun during the Pre-Inca era, this celebration has evolved into a blend of age-old Andean traditions and Spanish colonial Catholic influences that makes for a truly unique experience.

### 2023 DEPARTURE DATE



### ITINERARY

#### MAY 26 WELCOME TO CUSCO

- Pick-up at Cusco airport and transfer to hotel.
- Lunch and afternoon at leisure.
- **06:00 pm** Pre-trip briefing

**Overnight:** MLP Hotel in Cusco

#### MAY 27 EXPLORING CUSCO

- Morning and lunch at leisure
- **02:30 pm** Walking city tour of Cusco including the Cathedral and Koricancha
- **05:30 pm** Lecture: *Introduction to Andean Traditions and Celebrations as Part of Today's 'Living Culture'* – led by MLP trip guide
- Welcome dinner

**Meals:** D

**Overnight:** MLP Hotel in Cusco

#### MAY 28 SACSAYHUAMAN AND THE SACRED VALLEY

- Breakfast at hotel
- **08:00 am** Depart hotel
- **08:30 am** Visit and guided tour of Sacsayhuaman
- **12:00 pm** Guided visit to the town and marketplace of Pisac
- **01:30 pm** Arrival at lodge and traditional Pachamanca lunch
- **03:00 pm** Workshop: *Andean Spiritualism and Vibration Therapy*—led by Luzclara, Chilean medicine woman and Mapuche shaman
- Late afternoon and evening at leisure to relax in the outdoor hot tub and garden fire pit (*Massage service available – subject to additional cost*)
- 07:30 pm Dinner at lodge

**Meals:** B, L, D

**Overnight:** Lamay Lodge

## MAY 29 ANCASMARCA & CHOQUECANCHA

- Breakfast at hotel
- **08:30 am** Depart lodge to visit the traditional marketplace in Calca, followed by a guided tour of the Ancasmарca archaeological site
- **12:30 pm** Arrival and lunch in a remote village
- **02:00 pm** Workshop: *Introduction to Andean Medicinal Plants and Remedies*, followed by a coca leaf reading by local healer
- **04:00 pm** Guided walking tour of a remote village, followed by a scenic drive to Huacahuasi Lodge
- Late afternoon at leisure (Massage service available – subject to additional cost)
- **06:30 pm** Folkloric Andean dancing exhibition by the locals of Huacahuasi
- **07:00 pm** Dinner at lodge

**Meals:** B, L, D

**Overnight:** Huacahuasi Lodge

## MAY 30 INTO THE HEART OF LARES

- Breakfast at lodge
- Scenic drive to the community of Patacancha
- **09:30 am** Traditional Andean cooking class *Sanqu* workshop
- **10:30 am** Scenic drive to Marcacocha
- **11:00 am** Traditional Andean 'Water' ceremony – led by Luzclara\*  
\***Note:** *Luzclara asks that you bring water from home to participate in this ceremony of unification and tribute to Mother Earth*
- **12:00 pm** Drive to Pumamarca and lunch on site
- **01:45 pm** Guided tour of the Pumamarca archaeological site
- **02:45 pm** Drive to Ollantaytambo
- **03:30 pm** Guided walk around the town of Ollantaytambo
- **05:30 pm** Arrival at lodge in the Sacred Valley
- **07:00 pm** Farm-to-table dinner at lodge and evening at leisure

**Meals:** B, L, D

**Overnight:** Willka Tika Lodge

## MAY 31 KM 104 TO THE MACHU PICCHU SUN GATE

- Early breakfast at hotel
- **06:30 am** Drive from lodge to Ollantaytambo train station\*  
\**Non-hikers are welcome to stay in Ollantaytambo for a guided tour of the archaeological site in the morning, followed by a midday train ride to Aguas Calientes*
- **07:20 am** Train to rail marker KM 104
- **09:30 am** Begin all-day hike from KM 104 to the Sun Gate at Machu Picchu (picnic lunch en route)
- **03:00 pm** Walk downhill along the perimeter of the Machu Picchu citadel to catch the shuttle bus to Aguas Calientes
- **04:00 pm** Arrival and check-in at hotel
- **07:00 pm** Dinner at hotel

**Meals:** B, L, D

**Overnight:** Inkaterra Machu Picchu Pueblo Hotel

## JUN 1

## MACHU PICCHU

- **06:30 am** Early breakfast at hotel
- **07:15 am** Board shuttle bus in Aguas Calientes
- **08:00 am** Guided tour of the Machu Picchu citadel
- **12:30 pm** Board shuttle bus back to Aguas Calientes
- **01:15 pm** Lunch at Inkaterra Machu Picchu Pueblo Hotel
- **04:00 pm** Train departs for Ollantaytambo
- **05:30 pm** Meet driver at Ollantaytambo train station for scenic sunset drive back to hotel in Cusco

**Meals:** B, L, D

**Overnight:** MLP Hotel in Cusco

## JUN 2

## FINE ART IN CUSCO

- Breakfast at hotel
- **09:00 am** Modern Cusqueñan arts workshop with members of the *Totemiq Arts Collective* at *La Mestiza Café*
- **01:00 pm** Lunch at *Barra Ceviche* in Cusco
- Afternoon and evening at leisure

**Meals:** B, L

**Overnight:** MLP Hotel in Cusco

## JUN 3

## JOURNEY TO QOYLLOR'ITY

- Early breakfast at hotel
- **07:00 am** Scenic drive to the remote village of Mahuayani
- **10:00 am** Join the pilgrimage processional en route to Qoyllor'ity
- **02:00 pm** Arrival at campsite for lunch and a brief rest
- **04:00 pm** Join the celebration! Mingle with our traditional Andean neighbors and enjoy the pageantry of the folkloric musicians and dance troupes
- **07:00 pm** Dinner under the stars at the campsite to await the appearance of the full moon

**Meals:** B, L, D

**Overnight:** Premium campsite

## JUN 4

## SINAKARA

- Breakfast at campsite
- **07:00 am** Hike to Lake Sinakara
- **08:00 am** Explore Sinakara and observe the traditional initiation ritual for the new Andean pilgrims
- **10:00 am** Join a traditional *Q'ero* (*Andean shaman*) in a gratitude ceremony in honor of *Pachamama* (*Mother Earth*) on the lake shore
- **11:00 am** Hike back to the campsite
- **12:00 pm** Lunch at the campsite
- **01:00 pm** Downhill hike back to Mahuayani
- **04:00 pm** Scenic sunset drive back to Cusco
- **07:00 pm** Dinner at Kion restaurant in Cusco

**Meals:** B, L, D

**Overnight:** Premium campsite

**JUN 5****FAREWELL**

- Breakfast at hotel
- Transfer to Cusco airport

## LUZCLARA

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Luzclara is a Chilean medicine woman, 'Great Grandmother', ceremonial leader, sound healer, and shamanic practitioner who has dedicated her life to the healing of herself, Mother Earth, and all of her beings. For the past 40 years, she has been working on the awakening of sacred feminine energies on the planet by using ancient practices of rituals and magic. Luzclara has studied and trained with various indigeneous shamans around the world including Machi Antonia Lincolaf, a shaman from the Mapuche people of Chile, the Q'ero shamans of Peru, the Quichua Ayahuasca shamans of the Ecuadorian Amazon Jungle and Sun Bear, and the Chippewa Medicine Men in North America—with a focus on uniting the traditions of the collective 'Americas'. She has also traveled to India and Tibet where she deepened her sound healing techniques.

## ADDITIONAL NOTES | QOLLOR'ITY FESTIVAL

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- **Extend Your Stay:** Combine MLP Trip Extensions with your MLP Signature Adventure to create your own customized travel experience. Contact your MLP Travel Specialist for more details and help with securing reservations for your extended itinerary.