



**MOUNTAIN
LODGES**

Peru

THE MULTI-SPORT ADVENTURE TO MACHU PICCHU

Itinerary

2022

Introducing our new 8-day Wellness and Yoga Experience to Machu Picchu—a combination of exhilarating hikes, wellness workshops, and focused yoga practices—along with unique, meaningful cultural immersion and interaction with our Andean neighbors for a holistic journey like no other.

“Cusco...guardian of the ancient Andean Kingdom and thousand-year-old temples that dot the inspiring landscape and function as stone clocks aligned with the stars...this is the context of this unique journey which will reconnect you with your inner-self through a trip back in time to lost cities and energetic earth centers. Immerse yourself in this union with Mother Nature.” - Andres Adasme, MLP’s Head of Adventure and Exploration.

2022 EXCLUSIVE DEPARTURE DATE



ITINERARY

DAY 0

WELCOME TO CUSCO

Meet your MLP guide and fellow travelers for a general trip briefing and Q&A.

- **Location:** Cusco
- **Duration:** Approximately 45 minutes

DAY 1

INTO THE SACRED VALLEY

- **08:00 a.m.** Hike from Cusco to Sacsayhuaman
- **08:30 a.m.** Guided exploration of the Sacsayhuaman and Q'enqo archaeological sites
- **11:30 a.m.** Drive from Sacsayhuaman to Lake Piuray
- **12:30 p.m.** Lunch at the lake featuring fresh offerings from the local Piuray crops
- **01:30 p.m.** Afternoon activities at Lake Piuray (Kayak / Stand Up Paddle)
- **05:00 p.m.** Rustic farm-to-table dinner
- **06:00 p.m.** Drive from Lake Piuray to Cusco

Meals: L, D

Overnight: MLP Hotel

DAY 2

OLLANTAYTAMBO

- **06:00 a.m.** Breakfast at hotel
- **07:00 a.m.** Drive from Cusco to Maras
- **08:00 a.m.** Zipline in the Sacred Valley (*approximately 4 hours including driving time to site*)
- **12:00 p.m.** Lunch in Ollantaytambo
- **01:30 p.m.** Guided exploration of the Ollantaytambo archaeological site
- **03:00 p.m.** Scenic drive to Huacahuasi (*approximately 2 hours*)
- **07:30 p.m.** Dinner and trip briefing at lodge

Meals: B, L, D

Overnight: Huacahuasi Lodge

DAY 3

LARES

- **06:00 am** Breakfast
- **07:00 am** Scenic drive from Huacahuasi to Choquecancha
- **08:00 am** Hike from Choquecancha to Jaukani (*approximately 4 hours. Moderate to challenging*)
- **12:30 pm** Picnic lunch at Jaukani
- **01:45 pm** Drive from Jaukani to Huacahuasi
- **06:00 pm** Dinner at the lodge

Meals: B, L, D

Overnight: Huacahuasi Lodge

DAY 4

ANCASMARCA TO LAMAY

- **07:00 a.m.** Breakfast
- **08:00 a.m.** Scenic drive to the hike trailhead
- **09:30 a.m.** Hike from Ancasmарca to Totora; picnic lunch en route (*approximately 4 hours. Easy to moderate*)
- **01:30 p.m.** Scenic drive from Totora to Calispuquio
- **02:00 p.m.** Bike ride from Calispuquio to Lamay Lodge (*approximately 2.5 hours. Moderate*)
- **04:00 p.m.** Late-afternoon at leisure to enjoy the gardens and relax in the hot tub
- **06:00 p.m.** Dinner at the lodge

Meals: B, L, D

Overnight: Lamay Lodge

DAY 5

URUBAMBA RIVER

- **07:00 a.m.** Breakfast
- **08:30 a.m.** Horseback riding in the Sacred Valley (*approximately 6 hours. Moderate*)
- **03:30 p.m.** Pachamanca lunch at lodge
- **06:00 p.m.** Light dinner/snacks at lodge

Meals: B, L, D

Overnight: Lamay Lodge

DAY 6

KM 104 - INCA TRAIL EXPRESS

- **05:45 a.m.** Breakfast
- **06:15 a.m.** Depart lodge for Ollantaytambo train station
- **07:20 a.m.** Train ride from Ollantaytambo to KM 104 train rail marker
- **08:30 a.m.** Begin hike from km 104 to Machu Picchu (*approximately 7 hours*)
- **12:30 p.m.** Picnic lunch at Wiñay Wayna
- **01:30 p.m.** Hike from Wiñay Wayna to Machu Picchu* **Note: Does not include visit to Machu Picchu on this day; hikers will descend along the perimeter of the citadel to catch a shuttle bus to Aguas Calientes.*
- **04:30 p.m.** Arrive in Aguas Calientes
- **06:30 p.m.** Dinner at hotel and evening at leisure

Meals: B, L, D

Overnight: Inkaterra Machu Picchu Pueblo Hotel

DAY 7

MACHU PICCHU

- **06:00 a.m.** Breakfast at hotel
- **07:00 a.m.** Shuttle bus to Machu Picchu
- **08:30 a.m.** Begin hike up Machu Picchu Mountain*
- **12:00 p.m.** Lunch at Machu Picchu Sanctuary Lodge
- **01:00 p.m.** Guided exploration of the Machu Picchu citadel
- **04:30 p.m.** Train ride to Ollantaytambo
- **06:00 p.m.** Evening drive from Ollantaytambo to Cusco

**Note: Tickets for Huayna Picchu Mt. may be available subject to additional cost. Please consult with your MLP Travel Specialist for detailed information.*

2022 RATE

US \$ 3,950.00

TERMS & CONDITIONS

- 7D/6N round-trip itinerary starting in Cusco.
- Departure dates: April 18th, July 3rd, August 14th, October 16th 2022
- Rate is per person based on shared accommodations.
- A deposit of US\$ 500 per person is required to confirm a reservation.
- The remaining balance will be due sixty (60) days prior to arrival.
- Lodging in Cusco before and after your MLP adventure is not included in the itinerary; however, we invite you to book accommodations at one of our Signature MLP Properties in Cusco, El Mercado (elmercadocusco.com), El Retablo (elretablo.com) and X.O Art House (xoarthousecusco.com). Please ask your MLP Travel Specialist for more details and help with securing reservations at your hotel of choice in Cusco.
- **Extend Your Stay:** Combine MLP Trip Extensions with your MLP Adventure to create your own customized travel experience. Contact your MLP Travel Specialist for more details and help with securing reservations for your extended itinerary.