

## THE MULTI-SPORT ADVENTURE TO MACHU PICCHU

A thrilling 7-day adventure through the Sacred Valley and Lares that offers a dynamic mix of sports activity options as you journey to Machu Picchu.

Hike, bike, horseback ride, and zipline your way through the Andean highlands on our fully-guided, off-the-beaten-path Multi-Sport Adventure to Machu Picchu—an ideal trip for families and mixed-interest groups!

### ITINERARY

#### DAY 0

#### EVENING BRIEFING IN CUSCO

Meet your MLP guide and fellow travelers for a general trip briefing and Q&A.

**Location:** Cusco

**Duration:** Approximately 45 minutes

**Please note:** We recommend that you arrive in Cusco at least 1 - 2 days prior to the departure date for altitude acclimatization and to participate in the pre-trip briefing.

#### DAY 1

#### INTO THE SACRED VALLEY

- **08:00 am** Hike from Cusco to Sacsayhuaman
- **08:30 am** Guided exploration of the Sacsayhuaman and Q'engo archaeological sites
- **11:30 am** Drive from Sacsayhuaman to Lake Piuray
- **12:30 pm** Lunch at the lake featuring fresh offerings from the local Piuray crops
- **01:30 pm** Afternoon activities at Lake Piuray
- **05:00 pm** Rustic farm-to-table dinner
- **06:00 pm** Drive from Lake Piuray to Cusco

**Activity Options:**

- Kayak
- Stand Up Paddle
- Biking

**Meals:** L, D

**Overnight:** MLP Hotel in Cusco

#### DAY 2

#### OLLANTAYTAMBO

- **06:00 am** Breakfast at hotel
- **07:00 am** Drive from Cusco to Maras
- **08:00 am** Begin morning activity
- **12:00 pm** Lunch in Ollantaytambo
- **01:30 pm** Guided exploration of the Ollantaytambo archaeological site
- **03:00 pm** Scenic drive to Huacahuasi (*approximately 2 hours*)
- **07:30 pm** Dinner and trip briefing at lodge

**Activity Options:**

- Biking from Maras to Ollantaytambo  
⌚ Approximately 4 hours    ⚡ 10,5 miles / 7 km
- Zipline in the Sacred Valley  
⌚ Approximately 4 hours (including driving time to site)

**Meals:** B, L, D

**Overnight:** MLP Hotel in Cusco

## DAY 3 LARES

- **06:00 am** Breakfast
- **07:00 am** Scenic drive from Huacahuasi to a remote village
- **08:00 am** Hike from Choquecancha to Jaukani
- **12:30 pm** Picnic lunch at Jaukani
- **01:45 pm** Hike from Jaukani to Yukumarka
- **03:15 pm** Scenic drive from Yukumarka to Huacahuasi
- **06:00 pm** Dinner at the lodge

### Activity Options:

- Hike from Choquecancha to Jaukani  
⌚ Approximately 4 hours ⚡ Moderate to challenging
- Hike from Jaukani to Yukumarka  
⌚ Approximately 2.5 hours ⚡ Moderate

**Meals:** B, L (box lunch), D

**Overnight:** Huacahuasi Lodge

## DAY 4 ANGASMARCA TO LAMAY

- **07:00 am** Breakfast
- **08:00 am** Scenic drive to the hike trailhead
- **09:30 am** Hike to Totora; picnic lunch en route
- **01:30 pm** Scenic drive from Totora to Calispuquio
- **02:00 pm** Bike ride from Calispuquio to Lamay Lodge
- **04:00 pm** Late-afternoon at leisure to enjoy the gardens and relax in the garden hot tub
- **06:00 pm** Dinner at the lodge

### Activity Options:

- Hike from Ancasmarca to Totora  
⌚ Approximately 4 hours ⚡ Easy to moderate
- Bike ride from Calispuquio to Lamay  
⌚ Approximately 2.5 hours ⚡ Moderate

**Meals:** B, L, D

**Overnight:** Lamay Lodge

## DAY 5 URUBAMBA RIVER

- **7:00 am** Breakfast
- **08:30 am** Begin horseback riding activity option
- **09:30 am** Begin biking activity option
- **03:30 pm** Pachamanca lunch at lodge
- **06:00 pm** Light dinner/snacks at lodge

### Activity Options:

- Horseback riding in the Sacred Valley  
⌚ Approximately 6 hours ⚡ Moderate
- Bike ride in the Lamay Valley and Visit to PISAQ  
⌚ Approximately 2.5 hours ⚡ Easy

**Meals:** B, L, D

**Overnight:** Lamay Lodge

## DAY 6

## KM 104 - INCA TRAIL EXPRESS

- **05:45 am** Breakfast
- **06:15 am** Depart lodge for Ollantaytambo train station
- **07:20 am** Train ride from Ollantaytambo to KM 104 train rail marker
- **08:30 am** Begin hike to Wiñay Wayna
- **12:30 pm** Picnic lunch at Wiñay Wayna
- **01:30 pm** Hike from Wiñay Wayna to Machu Picchu\*

*\*Note: Does not include visit to Machu Picchu on this day; hikers will descend along the perimeter of the citadel to catch a shuttle bus to Aguas Calientes.*

- **04:30 pm** Arrive in Aguas Calientes
- **06:30 pm** Dinner at hotel and evening at leisure

### Activity:

- Hike from km 104 to Machu Picchu
- ⌚ Approximately 7 hours

**Meals:** B, L, D

**Overnight:** Inkaterra Machu Picchu Pueblo Hotel

## DAY 7

## MACHU PICCHU

- **06:00 am** Breakfast at hotel
- **07:00 am** Shuttle bus to Machu Picchu
- **08:30 am** Begin hike up Huayna Picchu or Machu Picchu Mountain\*
- **12:00 pm** Lunch at Machu Picchu Sanctuary Lodge
- **01:00 pm** Guided exploration of the Machu Picchu citadel
- **04:30 pm** Train ride to Ollantaytambo
- **06:00 pm** Evening drive from Ollantaytambo to Cusco

*\*Note: Tickets for Huayna Picchu Mt. (8,924' / 2,720m) may be available subject to additional cost. In the event that Huayna Picchu permits are not available for your desired date, you may opt for a hike up Machu Picchu Mt. (10,112 / 3,082m), located next to the Machu Picchu Citadel on the southern side. Please consult with your MLP Travel Specialist for detailed information.*

**Meals:** B, L

## ADDITIONAL NOTES | THE MULTI-SPORT ADVENTURE TO MACHU PICCHU

- **Extend Your Stay:** Combine MLP Trip Extensions with your MLP Adventure to create your own customized travel experience. Contact your MLP Travel Specialist for more details and help with securing reservations for your extended itinerary.