



**MOUNTAIN
LODGES**
Peru

THE MULTI-SPORT ADVENTURE TO MACHU PICCHU

Itinerary

A thrilling 7-day adventure through the Sacred Valley and Lares that offers a dynamic mix of sports activity options as you journey to Machu Picchu. Hike, bike, horseback ride, and zipline your way through the Andean highlands on our fully-guided, off-the-beaten-path Multi-Sport Adventure to Machu Picchu—an ideal trip for families and mixed-interest groups!

ITINERARY

DAY 0 WELCOME TO CUSCO

Meet your MLP guide and fellow travelers for a general trip briefing and Q&A.

Time: 7 p.m.

Location: Cusco (Location details to be confirmed by your MLP Travel Specialist before your trip)

Duration: Approximately 45 minutes

Notes: Please be advised that you are responsible for arranging your own hotel accommodations before and after your MLP adventure (see note at the end of the itinerary).

We recommend that you arrive in Cusco at least 1 – 2 days prior to the departure date for altitude acclimatization and to participate in the pre-trip briefing.

DAY 1 INTO THE SACRED VALLEY

08:00 am Hike from Cusco to Sacsayhuaman.

08:30 am Guided exploration of the Sacsayhuaman and Q'enqo archaeological sites.

11:30 am Drive from Sacsayhuaman to Lake Piuray.

12:30 pm Lunch at the lake featuring fresh offerings from the local Piuray crops.

01:30 pm Afternoon activities at Lake Piuray (**Activity options:** Kayak, Stand Up Paddle).

16:30 pm Drive from Lake Piuray to Cusco.

Meals: L (Piuray), D (Cusco City)

Overnight: MLP Hotel in Cusco

DAY 2 OLLANTAYTAMBO

06:00 am Breakfast at hotel.

07:00 am Drive from Cusco to the Sacred Valley.

08:00 am Zipline in the Sacred Valley (approximately 4 hours including driving time to site).

12:00 pm Lunch in Ollantaytambo.

01:30 pm Guided exploration of the Ollantaytambo archaeological site.

03:00 pm Scenic drive to Huacahuasi (approximately 2 hours).

07:30 pm Dinner and trip briefing.

Meals: B (MLP Hotel in Cusco), L (Ollantaytambo), D (Huacahuasi Lodge).

Overnight: Huacahuasi Lodge

DAY 3**LARES**

06:00 am Breakfast.

07:00 am Scenic drive from Huacahuasi to Choquecancha.

08:00 am Hike from Choquecancha to Jaukani; box lunch en route (*approximately 4 hours, Moderate to challenging*).

01:45 pm Drive from Jaukani to Huacahuasi.

06:00 pm Dinnere.

Meals: B (Huacahuasi Lodge), L (box lunch), D (Huacahuasi Lodge)

Overnight: Huacahuasi Lodge

DAY 4**ANCASMARCA TO LAMAY**

07:00 am Breakfast.

08:00 am Scenic drive to the hike trailhead.

09:30 am Hike from Ancasmarca to Totora; picnic lunch en route (*approximately 4 hours, Easy to moderate*).

01:30 pm Scenic drive from Totora to Calispuquio.

02:00 pm Bike ride from Calispuquio to Lamay Lodge (*approximately 2.5 hours. Moderate*).

04:00 pm Late-afternoon at leisure to enjoy the gardens and relax in the hot tub.

06:00 pm Dinner.

Meals: B (Huacahuasi Lodge), L (picnic lunch), D (Lamay Lodge)

Overnight: Lamay Lodge

DAY 5**URUBAMBA RIVER**

07:00 am Breakfast.

08:30 am Horseback riding in the Sacred Valley (*approximately 6 hours. Moderate*).

03:30 pm Pachamanca lunch at lodge.

06:00 pm Light dinner/snacks at lodge.

Meals: B, L, D (Lamay Lodge)

Overnight: Lamay Lodge

DAY 6**KM 104 - INCA TRAIL EXPRESS**

05:45 am Breakfast.

06:15 am Depart lodge for Ollantaytambo train station.

07:20 am Train ride from Ollantaytambo to KM 104 train rail marker.

08:30 am Begin hike to Wiñay Wayna.

12:30 pm Picnic lunch at Wiñay Wayna.

01:30 pm Hike from Wiñay Wayna to Machu Picchu*

**Note: Does not include visit to Machu Picchu on this day; hikers will descend along the perimeter of the citadel to catch a shuttle bus to Aguas Calientes.*

04:30 pm Arrive in Aguas Calientes.

06:30 pm Dinner at hotel and evening at leisure.

Meals: B (Lamay Lodge), L (picnic lunch), D (Partner hotel in Aguas Calientes)

Overnight: Partner hotel in Aguas Calientes

DAY 7**MACHU PICCHU**

06:00 am Breakfast at hotel.

07:00 am Shuttle bus to Machu Picchu.

08:30 am Begin hike up Huayna Picchu or Machu Picchu Mountain*.

12:00 pm Lunch at Machu Picchu Sanctuary Lodge.

01:00 pm Guided exploration of the Machu Picchu citadel.

04:30 pm Train ride to Ollantaytambo.

06:00 pm Evening drive from Ollantaytambo to Cusco.

***Note:** Tickets for Huayna Picchu Mt. (8,924' / 2,720m) may be available subject to additional cost. In the event that Huayna Picchu permits are not available for your desired date, you may opt for a hike up Machu Picchu Mt. (10,112 / 3,082m), located next to the Machu Picchu Citadel on the southern side. Please consult with your MLP Travel Specialist for detailed information.

Meals: B (Partner hotel in Aguas Calientes), L (Machu Picchu Sanctuary Lodge).

ADDITIONAL NOTES | THE MULTI-SPORT ADVENTURE TO MACHU PICCHU

- **Extend Your Stay:** Combine MLP Trip Extensions with your MLP Signature Adventure to create your own customized travel experience. Contact your MLP Travel Specialist for more details and help with securing reservations for your extended itinerary.