

## MULTI-SPORT ADVENTURE TO MACHU PICCHU

### 7-DAY PROGRAM

A thrilling 7-day adventure through the Sacred Valley and Lares that offers a dynamic mix of sports activity options as you journey to Machu Picchu.

Hike, bike, horseback ride, and zipline your way through the Andean highlands on our fully-guided, off-the-beaten-path Multi-Sport Adventure to Machu Picchu—an ideal trip for families and mixed-interest groups!

## ITINERARY

### DAY 0 WELCOME TO CUSCO

Trip briefing in the evening: meet your guide and fellow travelers for some pre-trip details and Q&A's.

**Location:** El Mercado  
 Calle Siete Cuartones 306, Cusco  
 +51 1 421-7777



### DAY 1 INTO THE SACRED VALLEY

- / **08:00am** Hike from Cusco to Sacsayhuaman
- / **08:30am** Guided exploration of the Sacsayhuaman and Q'enqo archaeological sites
- / **11:30am** Drive from Sacsayhuaman to Lake Piuray
- / **12:30pm** Lunch at the lake featuring fresh offerings from the local Piuray crops
- / **01:30pm** Afternoon activities at Lake Piuray
- / **05:00pm** Rustic farm-to-table dinner
- / **06:00pm** Drive from Lake Piuray to Cusco

### ACTIVITY OPTIONS

 Kayak

 Stand Up Paddle

 Biking



**Overnight:** El Retablo - Cusco

**Meals:** L, D

## DAY 2

## OLLANTAYTAMBO

- / **06:00am** Breakfast at hotel
- / **07:00am** Drive from Cusco to Maras
- / **08:00am** Begin morning activity
- / **12:00pm** Lunch in Ollantaytambo
- / **01:30pm** Guided exploration of the Ollantaytambo archaeological site
- / **03:00pm** Scenic drive to Huacahuasi (*approximately 2 hours*)
- / **07:30pm** Dinner and trip briefing at lodge

### ACTIVITY OPTIONS

 Biking from Maras to Ollantaytambo

 Approximately 4 hours

 10.5 miles / 17 km

 Zipline in the Sacred Valley

 Approximately 4 hours (*including driving time to site*)



**Overnight:** Huacahuasi Lodge (12,585'/3,835 m)

**Meals:** B, L, D

## DAY 3

## LARES

- / **06:00am** Breakfast
- / **07:00am** Scenic drive from Huacahuasi to Choquecancha
- / **08:00am** Hike from Choquecancha to Jaukani
- / **12:30pm** Picnic lunch at Jaukani
- / **01:45pm** Hike from Jaukani to Yukumarka
- / **03:15pm** Scenic drive from Yukumarka to Huacahuasi
- / **06:00pm** Dinner at the lodge

### ACTIVITY OPTIONS

 Hike from Choquecancha to Jaukani

 Approximately 4 hours

 Total Distance: 3.1 miles / 5 km

 Moderate to challenging

 Hike from Jaukani to Yukumarka

 Approximately 2.5 hours

 Total Distance: 1.9 miles / 3 km

 Moderate



**Overnight:** Huacahuasi Lodge (12,585'/3,835 m)

**Meals:** B, L, D

## DAY 4 ANCASMARCA TO LAMAY

- / **07:00am** Breakfast
- / **08:00am** Scenic drive to the hike trailhead
- / **09:30am** Hike to Totora; picnic lunch en route
- / **01:30pm** Scenic drive from Totora to Calispuquio
- / **02:00pm** Bike ride from Calispuquio to Lamay Lodge
- / **04:00pm** Late-afternoon at leisure to enjoy the gardens and relax in the garden hot tub
- / **06:00pm** Dinner at the lodge

### ACTIVITY OPTIONS

 Hike from Ancasmamarca to Totora

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 Approximately 4 hours

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 Total Distance: 4.1 miles / 6.6 km

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 Easy to moderate

 Bike ride from Calispuquio to Lamay

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 Approximately 4 hours

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 Total distance: 10 miles / 17 km

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 Moderate



**Overnight:** Lamay Lodge (9,705' / 2,958 m)

**Meals:** B, L, D

## DAY 5 URUBAMBA RIVER

- / **07:00am** Breakfast
- / **08:30am** Begin horseback riding activity option
- / **09:30am** Begin biking activity option
- / **03:30pm** Pachamanca lunch at lodge
- / **06:00pm** Light dinner/snacks at lodge

### ACTIVITIES

 Horseback riding in the Sacred Valley

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 Approximately 6 hours

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 Total distance: 12.4 miles / 20 km

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 Moderate

 Bike ride in the Lamay Valley and Visit to Písaq

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 Approximately 2.5 hours (+2 hours at leisure to explore Písaq)

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 Total distance: 10 miles / 17 km

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 Easy



**Overnight:** Lamay Lodge (9,705' / 2,958 m)

**Meals:** B, L, D

## DAY 6

## KM 104 - INCA TRAIL EXPRESS

- / **05:45am** Breakfast
- / **06:15am** Depart lodge for Ollantaytambo train station
- / **07:20am** Train ride from Ollantaytambo to KM 104 train rail marker
- / **08:30am** Begin hike to Wiñay Wayna
- / **12:30pm** Picnic lunch at Wiñay Wayna
- / **01:30pm** Hike from Wiñay Wayna to Machu Picchu\*
- / **04:30pm** Arrive in Aguas Calientes
- / **06:30pm** Dinner at hotel and evening at leisure

**\*Note:** Does not include visit to Machu Picchu on this day; hikers will descend along the perimeter of the citadel to catch a shuttle bus to Aguas Calientes.

### ACTIVITY

 Hike from km 104 to Machu Picchu

 Approximately 7 hours

 5.3 miles / 8.5 km



**Overnight:** Inkaterra Machu Picchu Pueblo Hotel

**Meals:** B, L, D

## DAY 7

## MACHU PICCHU

- / **06:00am** Breakfast at hotel
- / **07:00am** Shuttle bus to Machu Picchu
- / **08:30am** Begin hike up Huayna Picchu or Machu Picchu Mountain\*
- / **12:00pm** Lunch at Machu Picchu Sanctuary Lodge
- / **01:00pm** Guided exploration of the Machu Picchu citadel
- / **04:30pm** Train ride to Ollantaytambo
- / **06:00pm** Evening drive from Ollantaytambo to Cusco



## DEPARTURE DATES

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MAR	ABR	JUL	AGO	OCT	NOV
8	10	14	14	7	10

## 2020 RATES, TERMS & CONDITIONS

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# US \$ 3,950.00

### WHAT IS INCLUDED?

- / All transportation services for the duration of the standard itinerary.
- / Four (4) nights of accommodations at MLP lodges.
- / Two (2) nights of accommodations at MLP affiliate hotels.
- / All meals and beverages at MLP lodges, including soft drinks and a house selection of beer, wine, and spirits. Beverages at our affiliate hotels, El Retablo and Inkaterra Machu Picchu Pueblo Hotel, will be subject to additional cost.
- / Bilingual MLP guide (English/Spanish) for the duration of the standard itinerary.
- / Gratuities for MLP staff at the lodges and in the field—does NOT include gratuities for the staff at affiliate hotels.
- / Gratuities for your guide and assistant guide are NOT included and are at your discretion. In general, we suggest \$10-\$20 USD/day (per person) for lead guides and \$10 USD/day (per person) for assistant guides.

### NOT INCLUDED:

- / Massage services.
- / Laundry Service.
- / Bottled water and sports drinks. As per our ongoing effort to reduce plastic waste on the trail and at the lodges, we do encourage guests to use the refillable water bottle that is provided to each guest at the pre-trip briefing. The highest-quality filtered water is available at all of MLP lodges.
- / Local taxes (18% IGV) on meals and lodging applicable to Peruvians, foreign residents, and tourists traveling in Peru for 60+ days.

### DETAILS:

- / Rate is per person based on shared accommodations.
- / Requested single room: 50% supplemental cost added to the standard rate.
- / Single traveler willing to share: Subject to a 25% supplemental charge.
- / In the event that the roommate of a guest willing to share cancels less than 60 days prior to departure, the remaining guest will not be charged the supplemental fee.
- / A non-refundable deposit of US\$500 per person is required to confirm a reservation.
- / Cancellation policy:
  - 59 – 30 days prior to departure date: 50% refund.
  - Fewer than 30 days prior to departure date: No refund.

## CONTACT INFORMATION

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**E-mail:** [info@mountainlodgesofperu.com](mailto:info@mountainlodgesofperu.com)

### TOLLFREE NUMBERS

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