THE SALKANTAY TREK TO MACHU PICCHU
a unique inca trail experience
Experience The Salkantay Trek to Machu Picchu in style.

This 7-day lodge to lodge trekking experience will take you on a historic section of Inca trail through 15 different eco-systems, while you traverse a mountain pass over 15,000 feet, explore villages where locals still maintain age-old traditions and re-discover the mystical beauty of Machu Picchu, the crown jewel of the Inca Empire. Each day’s trek ends with a hot shower in a cozy lodge, complemented by a massage or a dip in an outdoor jacuzzi, followed by a gourmet meal with select wines and all provided with highly personalized service by local staff.

The Salkantay experience goes beyond deluxe lodges and a great trek. It is a unique opportunity to experience ancient history in the Land of the Incas, as well as the most interesting and exotic variety of flora and fauna, all in the company of new friends and like-minded souls.
THE SALKANTAY TREK TO MACHU PICCHU

7 day experience

Day 01
Cusco / On the way to Soraypampa

Day 02
Soraypampa / Hike to Lake Humantay

Day 03
Soraypampa / Crossing the Salkantay Pass

Day 04
Wayraccmachay / Descending into the cloud forest

Day 05
Collpapampa / Following the Santa Teresa river valley

Day 06
Lucmabamba / Exploring Llactapata pass

Day 07
The Citadel of Machu Picchu
The Salkantay Trek to Machu Picchu

Legend

Route

Hike

Llactapata Iruka Trail

Train

Mollepata LocalArtsana Visit

Challacancha

Choquechurco

Conocilla Horse Ranch

Sernypampa

Salkantay Lodge

12,690 ft / 3,860 m

Salkantay Pass

14,556 ft / 4,440 m

Salkantay Peak

20,374 ft / 6,207 m

Machu Picchu

7,872 ft / 2,400 m

Agua Calientes Lodge

6,332 ft / 1,900 m

CUSCO

11,264 ft / 3,420 m

Start

Hidroeléctrica Train Station

Ollantaytambo Train Station

Llactapata Pass

8,994 ft / 2,706 m

Llucsmayo

Orchid Forest

Wayna Lodge

7,603 ft / 2,266 m

Lucmarbamba

Zip Line (Optional)

Quillaumiyoc

El Pedregal

Choquechurco

Cusco

La Chakana

Humantay Lake

Wayraccamay

Colpa Lodge

9,444 ft / 2,870 m

Salkantay Lodge

9,444 ft / 2,870 m
After an early breakfast, your Mountain Lodges of Peru tour guide and driver will pick you up at your hotel in Cusco. The first stop will be a visit to the Quillarumiyoc archaeological site. Next, you will stop in the mountain village of Mollepata. There you will visit El Pedregal, a beautiful farmhouse where you can learn about local agriculture and livestock.
Then, the transfer will take you through a winding mountain road to a site called Challacancha. Here you will begin your hike to Soraypampa along a picturesque path called the “Camino Real” (Royal Path), which is also a good opportunity to acclimate to the higher altitude. As you round the final turn of the Camino Real, the Salkantay Lodge will come into view.
**ON THE WAY TO SORAYPAMPA**

**at a glance**

**ACTIVITY MENU**

**HIKE**

- **Challacancha - Soraypampa**
  - Approximately 3 hours (including box lunch en route)
  - Easy to Moderate

**OPTIONAL**

Guests who do not wish to trek may be transported to the lodge by vehicle.

**OVERNIGHT**

Salkantay Lodge (12,690' / 3,869 m)
HIKE TO LAKE HUMANTAY

Day two presents another opportunity to gauge your altitude-acclimatization with a half-day hike to Lake Humantay. After breakfast, you begin an ascent up the slopes that border the plateau behind the Salkantay Lodge. An hour and a half later, you will be stunned to see the turquoise water of the lake.
Here you will have a chance to relax, enjoy a snack, meditate in the tranquility of this magical spot and be part of a traditional offering to “Pachamama” (Mother Earth). After your descent back to the lodge, the staff will be waiting with a hot lunch. The second half of your day is spent at leisure. You may opt to soak in our outdoor jacuzzi, indulge in a relaxing massage or even take a long nap.
Hike to Lake Humantay

**HIKE TO LAKE HUMANTAY**

**at a glance**

**ACTIVITY MENU**

**HIKE**
- Salkantay Lodge - Lake Humantay – Salkantay Lodge
- Approximately 4 hours (in total)
- Easy to Moderate

**OVERNIGHT**
- Salkantay Lodge (12,690’ / 3,869 m)

Note: While the morning hike to Lake Humantay is optional, we strongly recommend your participation in preparation for the strenuous hike on day three.
EXPLORE. dream. DISCOVER.
**SORAYPAMPA**

**CROSSING THE SALKANTAY PASS**

After an early start, you hike up the Rio Blanco valley, circling Humantay Peak. As you gradually make your way up these mountain trails, you will encounter expansive plateaus dotted with boulders of varying sizes, the remnants of a valley that was once bisected by a fast-flowing river. The final and most challenging part of your ascent is conquering the mountain switchbacks that take you to the Salkantay Pass, the highest point on the trek (15,213' / 4,636 m).
What follows is a dramatic descent through fields of giant boulders, often shrouded in fog. After a very welcome hot picnic lunch, you will continue down through bucolic rolling hills and marsh-like plateaus as you take your final steps to the Wayra Lodge at Wayraccmachay.
Soraypampa

CROSSING THE SALKANTAY PASS

at a glance

ACTIVITY MENU
Morning to noon

HIKE
© Soraypampa - Wayracmacay
Approximately 7 hours
Challenging
Salkantay Mountain pass
(15,213' / 4,640 m)

OVERNIGHT
Wayra Lodge (12,812' / 3,906 m)
After a leisurely breakfast at the Wayra Lodge, you continue the descent along the banks of the Salkantay River through increasingly verdant scenery. Today you will see more of the local people as the trail takes you past their simple homes and makeshift fences.
At lunch time you will arrive at Colpa Lodge, located on a high promontory at the confluence of three rivers. You are greeted by the staff with a Pachamanca lunch, a traditional Peruvian meal cooked in the earth by hot stones that create a natural underground oven. After lunch, spend the afternoon lounging in the sun or relaxing in the outdoor jacuzzi while you take in the panoramic views of the lush green mountains that surround you.
Wayraccmachay

DESCENDING INTO THE CLOUD FOREST

at a glance

ACTIVITY MENU

HIKE

Wayraccmachay-Collpapampa

Approximately 4 hours

Easy to moderate.

OVERNIGHT

Colpa Lodge (9,444' / 2,870 m)
THE WORLD REVEALS ITSELF TO THOSE WHO TRAVEL ON FOOT
FOLLOWING THE SANTA TERESA RIVER VALLEY

Today you will hike in the Santa Teresa River valley where you will hop over small streams fed by waterfalls descending from the glaciers and cross through fruit orchards. After breaking for a hot picnic lunch by the river, you will walk for one hour before we meet an MLP vehicle for a short drive to the beginning of the “Llactapata Inca Trail” that leads us to Lucma Lodge.
On the way you will visit an organic coffee plantation, one of many in that area that produces some of the best organic coffee in the world. In Lucmabamba, the hot air and increased humidity signal that you are even closer to the edge of the Amazon Jungle.
The Salkantay Trek to Machu Picchu

7 Day Experience

Day 01

Collpapampa

FOLLOWING THE SANTA TERESA RIVER VALLEY

at a glance

Organic Peruvian coffee

Orchids forever

Day 02

Hike

Collpapampa - Lucmabamba

Approximately 6 hours (including lunch)

Moderate to challenging

Optional

Zip Line in Santa Teresa: This is a full day activity which replaces the trek. Operated by Cola de Mono. It has an additional cost.

Overnight

Overnight: Lucma Lodge (7,003’ / 2,135 m)
**Exploring Llactapata Pass**

During a 2-3 hour climb up a path mostly comprised of original Inca steps, you will get a sense of what hiking through the rainforest would be like. Your first milestone today will be the top of the peak, the last one before you reach the Aobamaba River valley that connects you to Machu Picchu. When you arrive at the ruins of Llactapata at the Llactapata Pass (8,974' / 2,736 m), you will be delighted to see a southeast view of the “back” of the Machu Picchu ruins.
Enjoy your lunch a bit farther down the trail in a meadow with panoramic views. The final descent takes you through lush bamboo forests, until you end the day’s hike at the Hidroelectrica train station. A one-hour scenic train ride delivers you to your final stop, the town of Aguas Calientes at the base of Machu Picchu.
Lucmabamba

**EXPLORING LLACTAPATA PASS**

*at a glance*

- **Aktivity Menu**
  - **Hike**
    - Lucmabamba- Santa Teresa
    - Approximately 5 hours
    - Moderate to challenging

- **Overnight**
  - Hotel in Aguas Calientes (6,232' / 1,900 m), located at the base of Machu Picchu.

**Day 06**

**At a glance**

- Sunny days in the jungle

**The Salkantay Trek to Machu Picchu**

- 7 day experience
- **Day 01**
- **Day 02**
- **Day 03**
- **Day 04**
- **Day 05**
- **Day 06**
- **Day 07**
The Sanctuary

At dawn, you begin your journey to Machu Picchu with a short and rollicking uphill bus ride. Prepare to be awed by the imposing and skillful architecture of the Watchtower, the Temple of the Sun, and the royal Inca residences, among many others. Your imagination will soar as you contemplate the history of Machu Picchu and its mysterious origins.
Some may even choose a hike to Huayna Picchu, the iconic towering mountain often seen in photographs. After the visit you will have lunch in Aguas Calientes before your train/transfer back to Cusco. As night falls and you arrive at your hotel amidst and hustle and bustle of Cusco, you will be touched by a feeling of peace and rejuvenation which will linger even as you journey back home.
Machu Picchu

THE SANCTUARY

at a glance

ACTIVITY MENU

Morning to noon

OPTIONAL HIKE

Huayna Picchu Mountain

Approximately 4 hours

Challenging

Note: Huayna Picchu Mountain tickets are subject to availability.
# 2019 Rates & Inclusions

## Included

- Accommodations.
- All meals (except breakfast on the first day and dinner on the last day).
- All transportation services for the duration of the standard itinerary.
- Guided tours during the whole trip.
- Entrance fees and permits to touristic and archaeological sites.
- Tips for staff at the Lodges and staff in the field are included (except Guide tips, it is suggested US$ 5 - 10 per day).

## Notes

- Rates per person, based on shared accommodations in a twin, double or triple room.
- 50% supplement for requested single room and 25% for single willing to share.
- Private services, additional services and specialty guides are available upon request at an additional cost.
- Standard languages are Spanish and English. For other languages please contact your Travel Specialist.
- Daily activities will be subject to factors such as weather and other events beyond our control.
- For season rates other than 2019, please inquire with your Travel Specialist.
- We kindly request that every guest presents valid proof of insurance coverage as a minimum for Medical Emergency Treatment and Evacuation. Make sure that the insurance policy includes Adventure Travel Activities or similar coverage.

### Rates & Inclusions

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<th>MARCH 1 - 31, NOVEMBER 1 - DECEMBER 14</th>
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"EXPORT SERVICES (DL NO. 919) Regarding the General Tax Sales (IGV). Peruvian Law considers accommodation to non-resident guests as an export service. In order to be exempted and as a requirement, all non-resident guests must show upon check in their original passport and Andean Immigration card, provided at your arrival to the country and with no more than 60 days after your arrival date indicated at the immigration card."
Equestrian adventure

LODGE-TO-LODGE EQUESTRIAN ADVENTURE

The lodge-to-lodge equestrian adventure is a five-day ride amidst snowcapped Andean peaks, through verdant cloud forests and along pristine creeks, all the while enjoying our mountain luxury lodges and friendly staff. Day six is a hiking day, as horses cannot travel over the newly restored Llactapacta Trail. The trips are led by expert riding guides and the horses provided are American quarter horses raised in Uruguay.

All saddles, tack and riding helmets are imported from the U.S. We generally recommend this adventure for intermediate and experienced riders, but beginners with some experience are also welcome. Equestrian-only departures are available throughout the year from March to December. Other available dates are mixed-group departures that are shared by trekkers and riders, each group having separate trip leaders. Please check our website for additional information.
Let us make your MLP Adventure even better with some itinerary add-ons to simplify planning and make your journey truly unforgettable!

Our MLP travel specialists are happy to organize hotel reservations, airport transfers, and personalized tours during your stay in Peru.

MLP recommends arriving in Cusco 1-2 days prior to the start of your adventure to get comfortable with the altitude while you explore this fascinating historical city. You may also want to consider spending an extra day in Machu Picchu during your journey.

We are pleased to offer these new lodging and services packages designed for your convenience.

**OPTION 1**
Round-trip Cusco airport transfers + 2N Cusco hotel pre-MLP adventure + extra day/night at Machu Picchu + 1N Cusco hotel post-MLP adventure.

**OPTION 2**
Round-trip Cusco airport transfers + 2N Cusco hotel pre- or post-MLP adventure + extra day/night at Machu Picchu.

**OPTION 3**
Round-trip Cusco airport transfers + 2N Cusco hotel pre- or post-MLP adventure.
HOTEL AND TRANSFER INFORMATION

Airport Transfers
Private vehicle transfers to and from the Cusco airport. Upon arrival in Cusco, guests will be met at the airport by an MLP representative and escorted to their vehicle.

El Mercado
Located in the heart of Cusco, El Mercado offers 4-star boutique accommodations, gourmet Andean cuisine, and exceptional service in what was once the city’s central farmer’s market, now reimagined with a fresh take on traditional art and cultural elements of the region.
www.elmercadosusco.com

El Retablo
A charming 3-star B&B-style property nestled in a cobblestone alley only three blocks from the Plaza de Armas town center, El Retablo offers cozy, comfortable guest rooms and a welcoming courtyard featuring vibrant artwork and murals that evoke the traditions and rich cultural heritage of Cusco.
www.elretablo.com

Palacio Del Inka
A Luxury Collection Hotel, Palacio del Inka offers 5-star accommodations in a historic Spanish Colonial mansion, centrally located and adjacent to the Inca Temple of the Sun.

X.O Art House - new!
X.O Art House, our new property in Cusco, is a unique luxury lodging experience housed in a restored Spanish Colonial casona in the city’s San Blas art quarter. This intimate property is comprised of only seven guest rooms that feature works of art by notable contemporary Cusqueñan artists and offers full-service personalized attention.
www.xoarthousecusco.com

MLP Travel Extension Packages
Let our MLP travel specialists help you expand your itinerary beyond Cusco and Machu Picchu! Visit other iconic destinations in Peru’s colorful Andean highlands, lush Amazonian jungle, and expansive desert coastline. We offer curated trip extensions in The Sacred Valley of the Incas, Arequipa/Colca Canyon, Nazca/Paracas, Lake Titicaca, the Amazon, and more.
Our mountain lodges have brought together traditional Inca building techniques and sensitivity to the surrounding environment with all the comforts of home. At the end of each day, you will enjoy hot showers, fine gourmet meals, select wines, goose-down bedding, massages, outdoor jacuzzis and highly personalized service from our local staff.
GUIDES

Our guides are among the best in Peru (some even having won international awards) and have on average at least 15 years of experience guiding in the mountains, not only in Peru, but around the world. Many of them are considered pioneers in this area, having scouted many of the current routes in the country. All Mountain Lodges of Peru guides have excellent language skills, and are highly trained in managing group dynamics. All guides undergo continuous medical and rescue training, with a certification in “Wilderness First Aid.” You will appreciate their knowledge of history and cultural traditions, as well as their interpretation of local flora and fauna, and their great insights (and stories!) that go far beyond any guide or history book.
In 2006 Mountain Lodges of Peru sponsored the creation of Yanapana Peru, a not-for-profit Civil Association dedicated to social and environmental responsibility. Yanapana is committed to improving the quality of life through sustainable community development, in an effort to reduce extreme poverty in the Andean highlands.

Main activities of the association include donations for the enhancement of nutrition and infrastructure at a local public school, funding and training for local entrepreneurs, which include jam and honey, handmade textiles and organic coffee production. Other supportive efforts are directed towards child sponsorship programs, as well as medical prevention, detection and treatment programs.

In our own journey through sustainability, we realized that it was necessary to take steps beyond what was traditionally being done in social inclusion, which is why in 2012, a joint-venture was born between the community of Huacahuasi and Mountain Lodges of Peru, naming it Kuska Purispa: Walking Together.

We are convinced that sustainable tourism in the region should be built around a model that empowers local communities, making them active investors in local development projects for the long-term benefit of all. We are committed to work under this innovative business model and keep empowering and generating added value to local communities in Peru.
Embrace life, encounter adventure

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