MOUNTAIN LODGES Perú

SACRED VALLEY & LARES ADVENTURE TO MACHU PICCHU

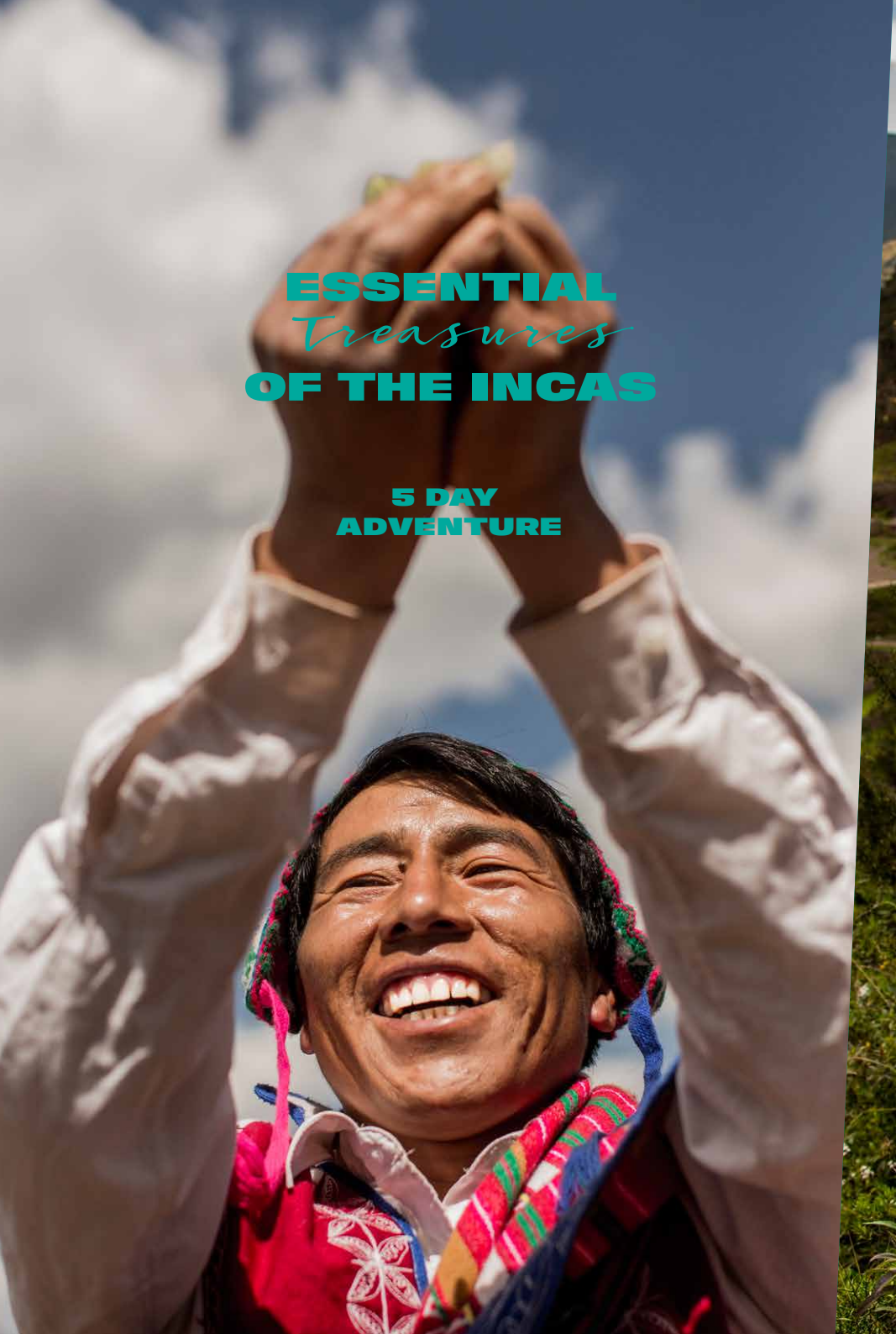
an adventure for everyone

The Sacred Valley and Lares Adventure to Machu Picchu offers the perfect combination of unique cultural immersion and exciting adventure travel activities.

Daily expeditions will lead you along seldom-traveled highland trails surrounded by exquisite snow-capped peaks, past roving herds of llamas and alpacas, around impossibly hued turquoise lakes, and through graceful waterfalls. Your destinations will include fascinating archaeological sites, thought-provoking agricultural and commercial Andean cooperatives, and bustling towns and markets showcasing the flavors of the region as well as the wares of its skilled artisans.

Most importantly, you will travel to hidden communities unchanged for centuries for a unique up-close visit with local people.

Expert guides tailor the experience with an offer of à la carte activities and daily cultural encounters. At each day's sunset, settle into deluxe mountain lodges run in partnership with local communities, to prepare for a new day of multi-activity adventure and exploration.



ESSENTIAL *Treasures* OF THE INCAS

5 DAY ADVENTURE

DEEP IMMERSION *into ancient* CULTURES

7 DAY ADVENTURE

ESSENTIAL TREASURES OF THE INCAS

5 day adventure

Day 01
Exploring Pisaq

Day 02
Into the Heart of Lares

Day 03
The Road to Ollantaytambo

Day 04
Discovering Ollantaytambo

Day 05
The Citadel of Machu Picchu

DEEP IMMERSION INTO ANCIENT CULTURES

7 day adventure

Day 01
Treasures of the Sacred Valley

—

Only available on the 7-day adventure

Day 02
Exploring Pisaq

Day 03
Into the Heart of Lares

Day 04
Exploring Huacahuasi

—

Only available on the 7-day adventure

Day 05
The Road to Ollantaytambo

Day 06
Discovering Ollantaytambo

Day 07
The Citadel of Machu Picchu

MAP / ROUTE

Sacred Valley & Lares Adventure To Machu Picchu

Legend

- For 5 and 7 day adventure
- Only for 7 day adventure
- Hike
- Bike
- Train
- Urubamba River
- Km 104

MOUNTAIN LODGES Perú

Sacred Valley of the Incas

TREASURES OF THE SACRED VALLEY

**Only available on the 7-day adventure*

Your adventure begins with an exploration of the beautiful archaeological site of Chinchero, where colonial buildings rest atop Inca foundations. Enjoy a marvelous hike through authentic Inca trails from Chinchero to the town of Urquillos.

Sacred Valley of the Incas

TREASURES OF THE SACRED VALLEY

**Only available on the 7-day adventure*

Go back in time and study the natural salt mines of Maras and the astonishing circular terraces of Moray.

Sacred Valley of the Incas

TREASURES OF THE SACRED VALLEY
at a glance

Time to enjoy

Endless horizons

Lamay Lodge

GROUP ACTIVITY
In the morning the whole group visits the archaeological site of Chinchero.

ACTIVITY MENU
Morning to noon

CULTURAL ACTIVITY
Guided tour of the archaeological site of Chinchero, Moray Inca agricultural site and the salt mines of Maras.

HIKE
Chinchero to Urquillos

Approximately 3 hours

Easy to moderate

OVERNIGHT
Lamay Lodge (9,705' / 2,958 m), located in the town of Lamay, in the Sacred Valley of the Incas.

ITINERARIES MAP / ROUTE ADDITIONAL SERVICES ADDITIONAL INFORMATION

Sacred Valley of the Incas

EXPLORING PISAQ

Start the trip with a morning visit to the famous market of Pisaq. Its unique array of products will inspire you with a taste of rich Andean culture.

Sacred Valley of the Incas

EXPLORING PISAQ

As an alternative, travelers can opt for an invigorating morning hike surrounded by amazing views. Afterwards, at the isolated community of Viacha, learn about artisanal potato farming practices and enjoy a traditional meal called “Pachamanca”.

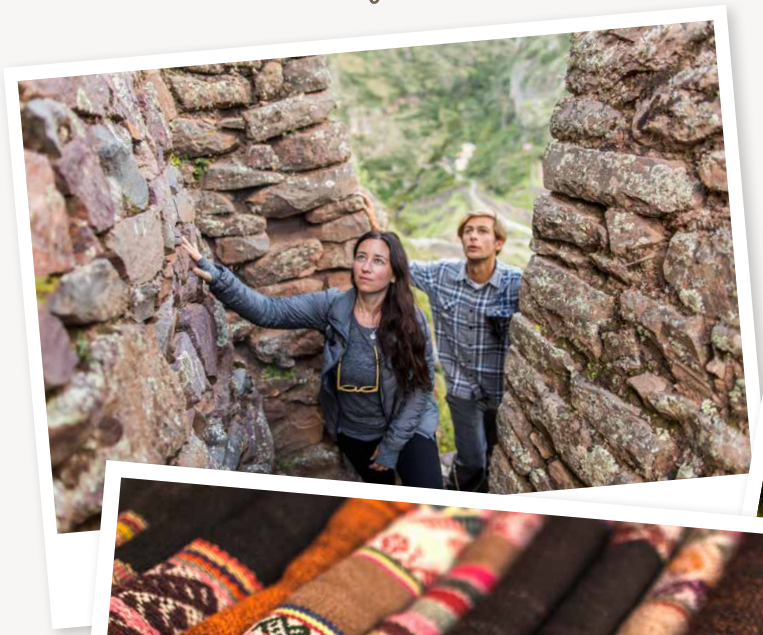
Sacred Valley of the Incas

EXPLORING PISAQ

Then, hike towards the archaeological complex of Pisaq.

Sacred Valley of the Incas

EXPLORING PISAQ
at a glance



lamay lodge

local crafts

traditional food

ACTIVITY MENU
Morning to noon

CULTURAL ACTIVITY
Visit the town of Pisaq and local market, and experience an encounter with members of the local community of Viacha.

HIKE

From the local community of Amaru to the local community of Viacha.

Approximately 3 hours

Moderate

Max. elevation: 14,200' / 4, 328 m

GROUP ACTIVITY
Group lunch in the local community of Viacha. In the afternoon, the whole group visits the archaeological site of Pisaq, before heading back to the lodge.

OPTIONAL

BIKE EXCURSION
(Subject to additional cost).

Bike along the Urubamba River from Lamay Lodge to Pisaq Town.

Approximately 3 hours

Easy to moderate

OVERNIGHT
Lamay Lodge (9,705' / 2,958 m), located in the town of Lamay, in the Sacred Valley of the Incas.

***Note:** The bike excursion is only available on the 7-day adventure. The 5-day adventure includes an early morning visit to Awanakancha, an Andean camelid exhibition and traditional weaving center.*

adventure
IS THE WAY FORWARD

Lares Valley

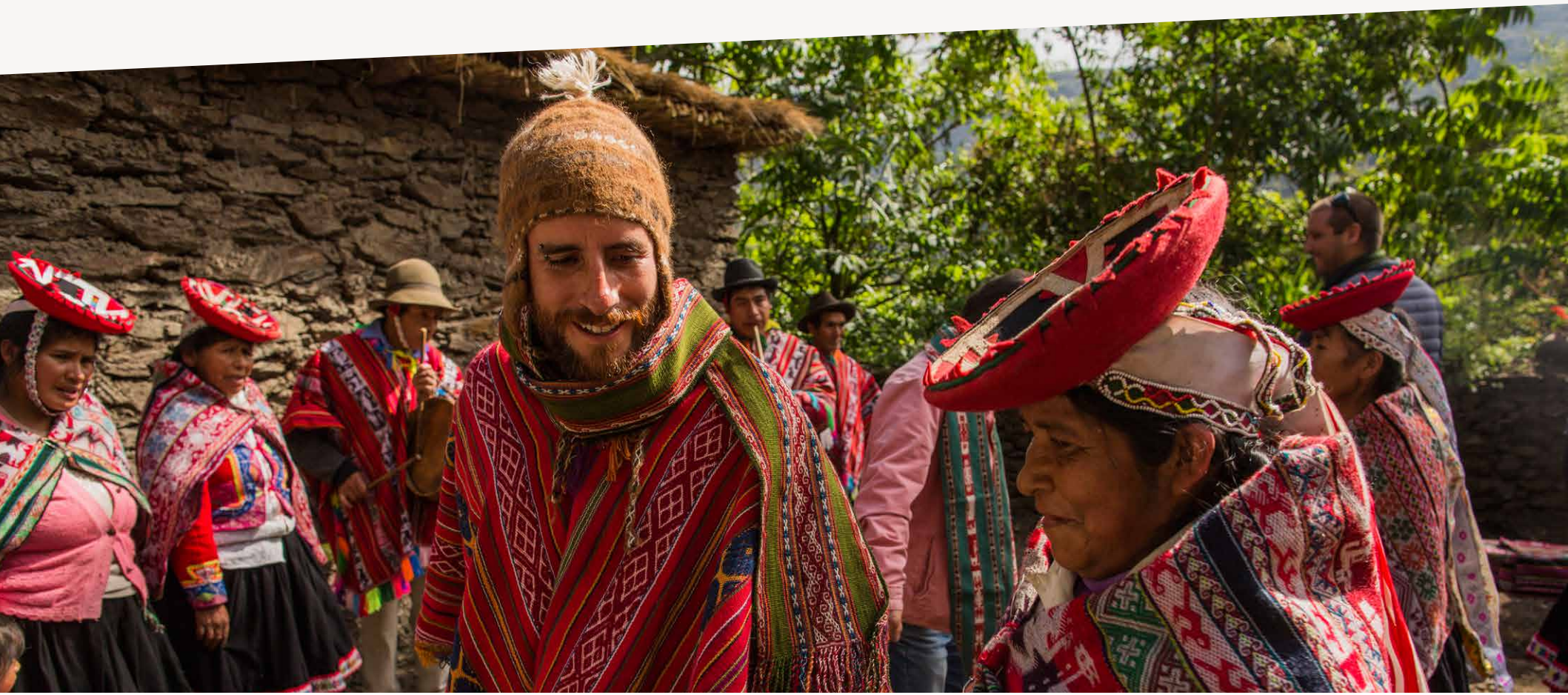
INTO THE HEART OF LARES

On this day you will go even deeper through an exploration into the heart of the Andes: the Lares Valley. Visit the truly unique archaeological site of Ancasmarca along the hub-town of Lares, a site not often visited by tourists and so allows for an intimate experience.

Lares Valley

INTO THE HEART OF LARES

Visit the ancient weavers' village of Choquecancha or opt for a hike amidst turquoise blue lakes to the village of Huacahuasi.



Lares Valley

INTO THE HEART OF LARES

at a glance

authentic encounters

Community of Choquecancha

gourmet dinner

GROUP ACTIVITY

Morning to noon

In the morning, briefly explore the town of Lamay and visit the archaeological site of Ancasmarca.

ACTIVITY MENU

CULTURAL ACTIVITY
Visit the town of Choquecancha, meet with local weavers and experience an encounter with members of community.

HIKE 1

- From Quelquena to Huacahuasi
- Approximately 2.5 hours
- Easy to moderate
- Max. elevation: 12,595' / 3,839 m

HIKE 2

- From Cuncani to Huacahuasi
- Approximately 4 hours
- Moderate
- Max. elevation: 13,838' / 4,219 m

OVERNIGHT

Huacahuasi Lodge (12,585' / 3,835 m), located in the local community of Huacahuasi, in the Lares Region.

Note: *Guests that opt for the cultural activity will have lunch at the local community of Choquecancha. Guests that opt for the hikes will have lunch en route.*

Lares Valley

EXPLORING HUACAHUASI

**Only available on the 7-day adventure*

Go for an early walk within the village of Huacahuasi and learn more about its heritage and daily activities, with a possible visit to a farmer's home. Then take a Peruvian food cooking class and test your skills with the rest of the group.

Lares Valley

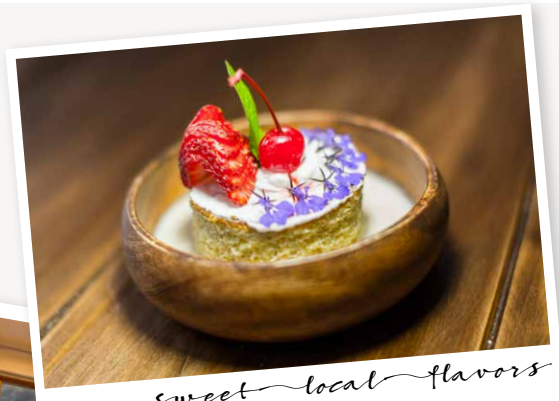
EXPLORING HUACAHUASI

**Only available on the 7-day adventure*

For those who want to go deeper into the remoteness of the mountains, challenge yourself with an all-day hike from the community of Quiswarani onto the “Trail of 1,000 Lakes”.

Lares Valley

EXPLORING HUACAHUASI
at a glance



sweet local flavors

Cooking class

Huacahuasi lodge

ACTIVITY MENU
All day

CULTURAL ACTIVITY
Explore the village, meet local weavers and participate in a cooking class.

HIKE 1

Visit to the community of Huacahuasi and walk to nearby waterfall

Approximately 1.5 hours

Easy

HIKE 2

From Quiswarani to Quelquena

Approximately 6.5 hours

Challenging

Max. elevation: 14,505' / 4,421 m

OVERNIGHT
Huacahuasi Lodge (12,585' / 3,838 m), located in the local community of Huacahuasi, in the Lares Region.

The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

After a scenic morning drive from Huacahuasi, spend time visiting the local community of Huilloc. Later, continue on to the sheepherding community of Marcacocha and participate in a traditional Andean ceremony to honor the apus for the good health of their flock. For a more active morning experience, choose a hike from Huilloc to Pumamarka, where everyone will reunite for lunch and a tour of the archaeological site.

The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

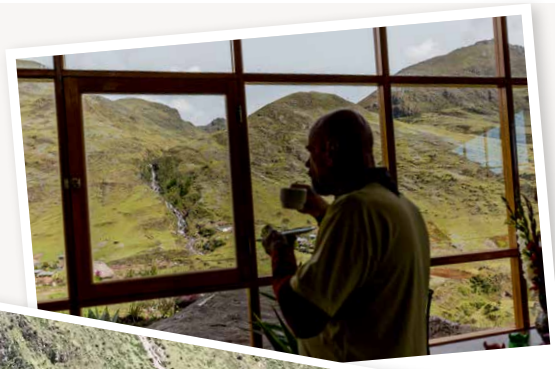
After lunch, hike from Pumamarka to Ollantaytambo visiting the amazing agricultural terraces along the valley.
In a softer activity, explore Ollantaytambo's maze-like streets, and all the magic of this ancient living town.

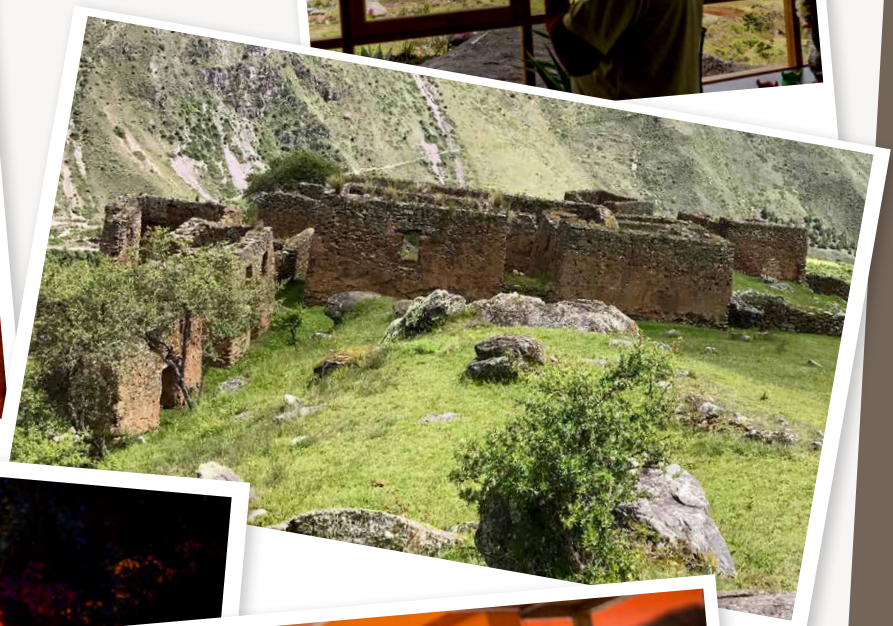
The afternoon ends with an optional visit to an artisan beer brewery followed by dinner and overnight stay in the Sacred Valley.

The Patacancha and Sacred Valley of the Incas

THE ROAD TO OLLANTAYTAMBO

at a glance





Perfect end

craft beers

ACTIVITY MENU

All day

CULTURAL ACTIVITY

Visit the local community of Huilloc and later share a unique Andean Ceremony for the sheep, explore the farming terraces on the way to Ollantaytambo town, where you will find a living Inca stone town.

HIKE 1

In the morning

From Huilloc to Pumamarka, stopping by the Ayar Orco Inca Cemetery.

Approximately 3 hours

Moderate

GROUP ACTIVITY

Visit the archaeological site of Pumamarka.

HIKE 2

In the afternoon

From Pumamarka to Ollantaytambo .

Approximately 3 hours

Moderate

OPTIONAL

Enjoy a visit to an artisanal brewery *(This activity has an additional cost).*

OVERNIGHT

Hotel in the Sacred Valley of the Incas (9,284' / 2,830 m)

ITINERARIES | MAP / ROUTE | ADDITIONAL SERVICES | ADDITIONAL INFORMATION

Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

Begin your day with an (optional) early morning hike to the Inca storage houses high above the town for an impressive view of the Ollantaytambo fortress and ceremonial site or spend your day hiking to the Machu Picchu Sun Gate on the classic Inca Trail.

Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

Explore the Ollantaytambo archaeological site with your guide before embarking on a scenic train ride to Aguas Calientes at the base of Machu Picchu.

Sacred Valley of the Incas

DISCOVERING OLLANTAYTAMBO

at a glance

Breathtaking

Pinkuylluna

ACTIVITY MENU

HIKE 1

Lower Pinkuylluna mountain above Ollantaytambo

Approximately 1.5 hours (AM)

Moderate

HIKE 2

Higher Pinkuylluna mountain above Ollantaytambo

Approximately 2 hours (AM)

Moderate to challenging

OPTIONAL

HIKE*

(Subject to additional cost).

KM 104 to Machu Picchu

Approximately 6 hours

Moderate to challenging

Please note:** This full-day activity replaces the standard programmed itinerary. Must be booked 60 days prior to departure to secure permits.* ***For more details see page 31.

GROUP ACTIVITY

After the optional early morning activities, explore the archaeological site of Ollantaytambo, before boarding the train to the town of Machu Picchu (Aguas Calientes).

OVERNIGHT

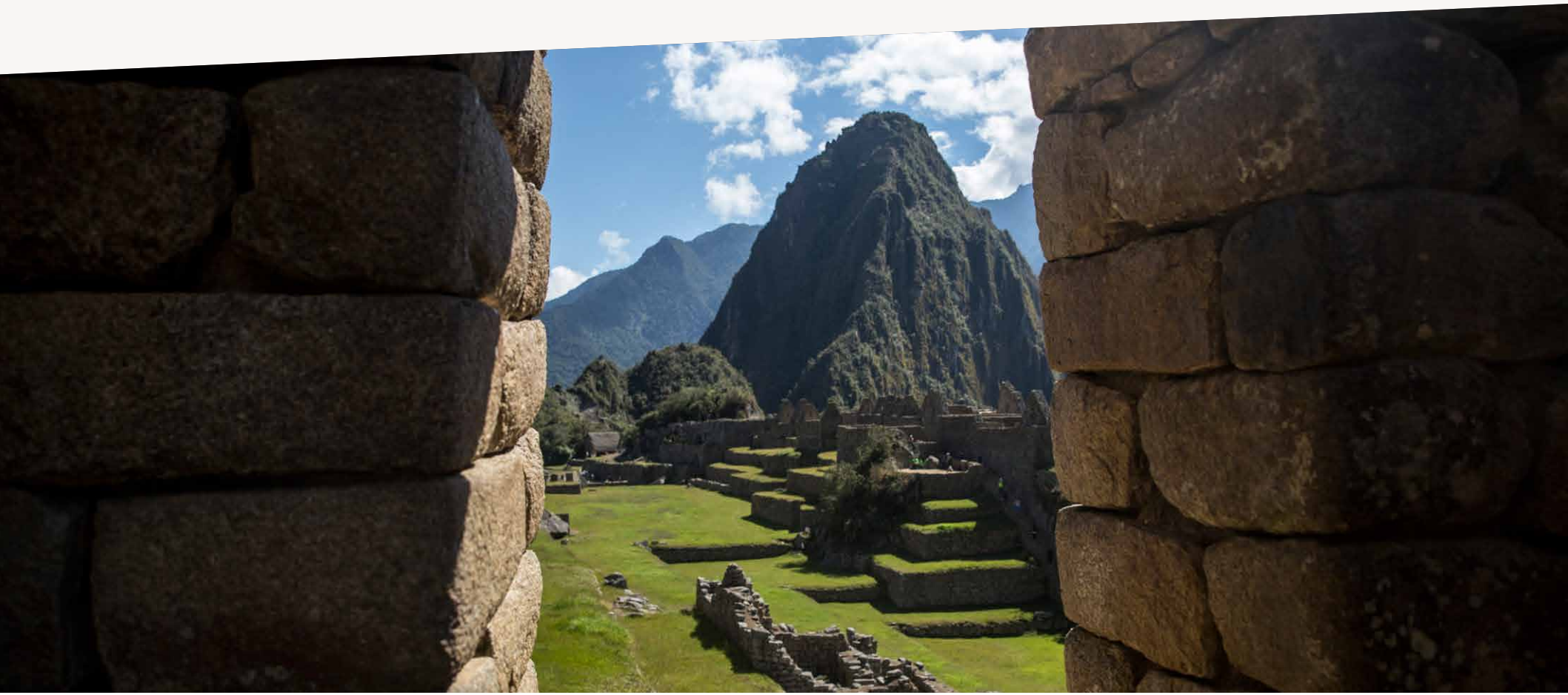
Hotel in Aguas Calientes (6,232' / 1,900 m), located at the base of Machu Picchu.

ONE´S DESTINATION IS
NEVER A PLACE, BUT A
new way
OF SEEING THINGS
– Henry Miller

Machu Picchu

THE CITADEL OF MACHU PICCHU

Your journey to Machu Picchu begins with a rollicking morning uphill bus ride. As you enter the 'sanctuary' (as locals refer to it), prepare to be awed by the imposing, skillful architecture of the Watchtower, the Temple of the Sun, and the royal Inca residences, among others. Take a moment to quietly sit and listen to the wind... Your imagination will soar as you contemplate the history of Machu Picchu and its mysterious origins.



Machu Picchu

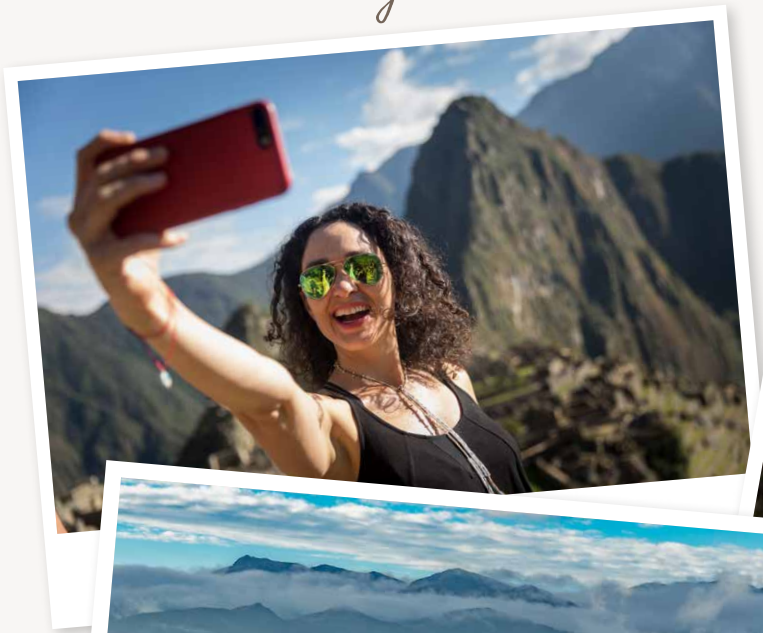
THE CITADEL OF MACHU PICCHU

Some may even choose to hike the iconic towering mountain of Huayna Picchu. During your visit you will be touched by a feeling of peace and rejuvenation that will likely last until you get back to the city of Cusco.

Machu Picchu

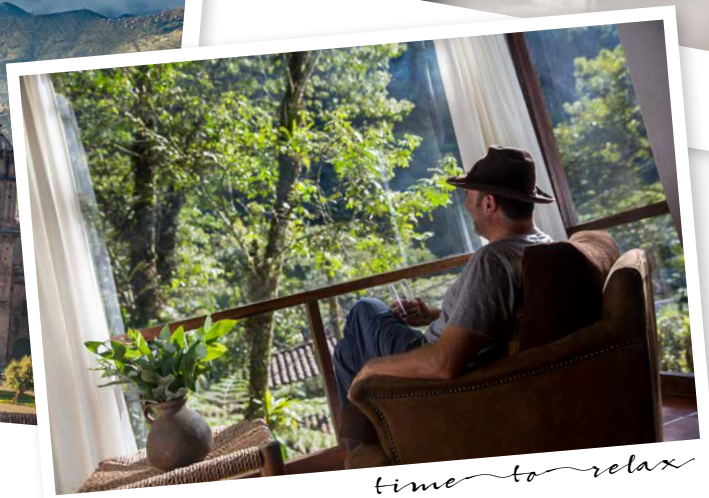
THE CITADEL OF MACHU PICCHU

at a glance



an awesome view

Magnificent Cusco



time to relax

GROUP ACTIVITY
Early in the morning visit the Inca citadel of Machu Picchu.

ACTIVITY MENU
Late morning, after the group activity

CULTURAL ACTIVITY
Free time to explore the Inca citadel of Machu Picchu (7,872' / 2,400 m)

HIKE

Guided hike of Huayna Picchu mountain

Approximately 2.5 hours

Moderate to challenging

Max. elevation: 8,294' / 2,720 m

***Note:** Huayna Picchu mountain tickets are subject to availability.*

2019

5 DAYS / 4 NIGHTS	MARCH 1 - 31, NOVEMBER 1 - DECEMBER 14	US$ 1,899
	APRIL 1 - OCTOBER 31, DECEMBER 15 - 31	US$ 2,500
7 DAYS / 6 NIGHTS	MARCH 1 - 31, NOVEMBER 1 - DECEMBER 14	US$ 2,299
	APRIL 1 - OCTOBER 31, DECEMBER 15 - 31	US$ 3,300

Included

- Accommodations.
- All meals (except breakfast on the first day and dinner on the last day).
- Transfer services.
- Guided tours during the whole trip.
- Daily à-la-carte activities (except those that specify an additional cost).
- Entrance fees and permits to touristic and archeological sites.
- Tips for staff at the Lodges and staff in the field are included (except Guide tips, it is suggested US$ 5 - 10 per day).

Notes

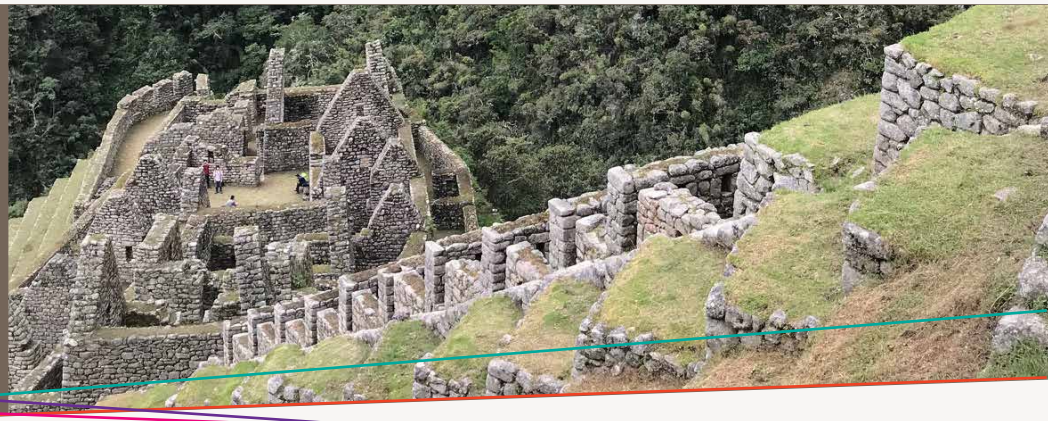
- Rates per person, based on shared accommodations in a twin, double or triple room.
- Requested single room: 25% supplement of the rate per person rates above. Single willing to share: 10% supplement of the person rates.
- Children under 12 years old will be granted a 50% discount of the official rate depending on the program, when sharing the room with the parent (Maximum two children per room). Children from 13 to 16 years old will be granted a 25% discount of the official rate depending on the program, when sharing the room with the parent (Maximum two children per room).
- Private services, additional services and specialty guides are available upon request at an additional cost.
- Standard languages are Spanish and English. For other languages please contact your Travel Specialist.
- Daily activities menu will be subject to factors such as weather and other events beyond our control.
- For season rates other than 2019, please inquire with your Travel Specialist.
- We kindly request that every guest presents valid proof of insurance coverage as a minimum for Medical Emergency Treatment and Evacuation. Make sure that the insurance policy includes Adventure Travel Activities or similar coverage.

"EXPORT SERVICES (DL NO. 919) Regarding the General Tax Sales (IGV). Peruvian Law considers accommodation to non-resident guests as an export service. In order to be exempted and as a requirement, all non-resident guests must show upon check in their original passport and Andean Immigration card, provided at your arrival to the country and with no more than 60 days after your arrival date indicated at the immigration card."

KM 104: ONE-DAY INCA TRAIL TO MACHU PICCHU

Subject to availability and additional cost

Mountain Lodges of Peru is proud to offer guests on our 5- and 7-day Sacred Valley and Lares Adventure the option to incorporate a one-day hike along Peru's Classic Inca Trail. Starting the hike at KM 104 and arriving on foot at the ruins of Machu Picchu via the citadel's iconic Sun Gate just above.



Itinerary

- **5:30am** Breakfast at the hotel in Sacred Valley.
- **6:30am** Depart hotel for a 30 min. transfer to Ollantaytambo train station and embark on a 1.5 hour train ride to KM 104.
- **9:30am** Cross the Chachabamba bridge to begin your hike. Ascend to Wiñay Wayna, an archaeological complex featuring ancient houses, fountains, and agricultural terraces overlooking the Urubamba river. Continue on to the Sun Gate for your first glimpse of Machu Picchu.
- **4:00pm** Enjoy spectacular views as you descend along the perimeter of the citadel to catch the shuttle bus to Aguas Calientes. (Note: Hikers will not explore the citadel until the group visit the following day.).
- **4:30pm** Board the shuttle bus and arrive at the Inkaterra Machu Picchu Pueblo Hotel by approximately 5:00 p.m.

Please note:

- The full-day KM 104 hike will replace the standard route offered on Day 4 of the 5-Day and Day 6 of the 7-Day Sacred Valley and Lares Adventure.
- This activity must be booked a minimum of 60 days prior to departure date in order to solicit the necessary trail permits. In addition, please be advised that these permits are subject to availability and out of MLP
- Trail permits do not include a same-day visit to the Machu Picchu citadel.
- All groups must be accompanied by a guide, with a maximum of 16 hikers per group.

Additional Cost Includes:

- Transfer from the hotel in the Sacred Valley to Ollantaytambo train station.
- Services of an experienced trail guide (one MLP guide will accompany each group of hikers up to 8 guests, with a second assistant guide joining for any groups of 9-16 guests).
- Snacks & box lunch.
- Train ticket from Ollantaytambo station to KM 104.
- Trail permit to hike the one-day classic Inca Trail route from KM 104 to Machu Picchu.
- Bus ticket from the Machu Picchu citadel to Aguas Calientes.

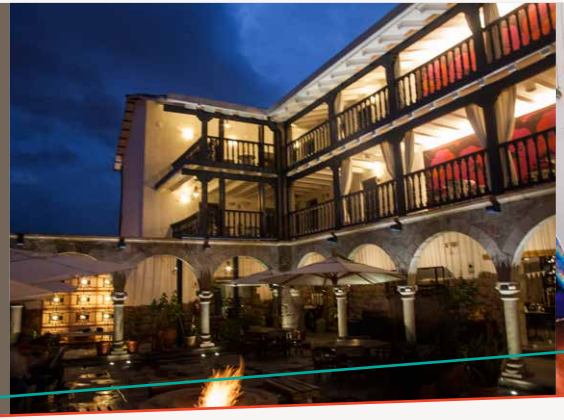
Please advise your MLP travel specialist at time of program booking.

NEW IN 2019:
ACCOMMODATIONS AND TRANSFERS

Let us make your MLP Adventure even better with some itinerary add-ons to simplify planning and make your journey truly unforgettable!

Our MLP travel specialists are happy to organize hotel reservations, airport transfers, and personalized tours during your stay in Peru.

El Mercado



El Retablo

MLP recommends arriving in Cusco 1-2 days prior to the start of your adventure to get comfortable with the altitude while you explore this fascinating historical city. You may also want to consider spending an extra day in Machu Picchu during your journey.

We are pleased to offer these new lodging and services packages designed for your convenience.

OPTION 1

Round-trip Cusco airport transfers + 2N Cusco hotel pre-MLP adventure + extra day/night at Machu Picchu + 1N Cusco hotel post-MLP adventure.

OPTION 2

Round-trip Cusco airport transfers + 2N Cusco hotel pre- or post-MLP adventure + extra day/night at Machu Picchu.

OPTION 3

Round-trip Cusco airport transfers + 2N Cusco hotel pre- or post-MLP adventure.

HOTEL AND TRANSFER INFORMATION

Airport Transfers
Private vehicle transfers to and from the Cusco airport. Upon arrival in Cusco, guests will be met at the airport by an MLP representative and escorted to their vehicle.

El Mercado
Located in the heart of Cusco, El Mercado offers 4-star boutique accommodations, gourmet Andean cuisine, and exceptional service in what was once the city's central farmer's market, now reimagined with a fresh take on traditional art and cultural elements of the region.
www.elmercadocusco.com

El Retablo
A charming 3-star B&B-style property nestled in a cobblestone alley only three blocks from the Plaza de Armas town center, El Retablo offers cozy, comfortable guest rooms and a welcoming courtyard featuring vibrant artwork and murals that evoke the traditions and rich cultural heritage of Cusco.
www.elretablo.com

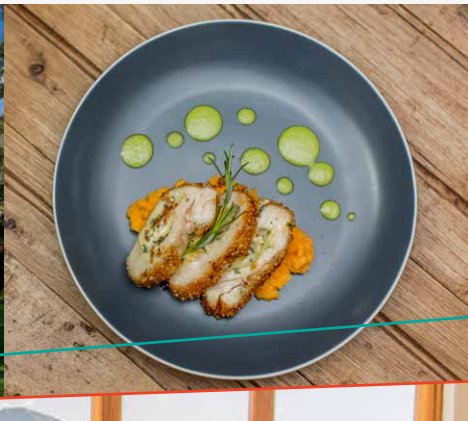
Palacio Del Inka
A Luxury Collection Hotel, Palacio del Inka offers 5-star accommodations in a historic Spanish Colonial mansion, centrally located and adjacent to the Inca Temple of the Sun.
www.libertador.com.pe/en/hotel/palacio-del-inka-luxury-collection/

X.O Art House - *new!*
X.O Art House, our new property in Cusco, is a unique luxury lodging experience housed in a restored Spanish Colonial casona in the city's San Blas art quarter. This intimate property is comprised of only seven guest rooms that feature works of art by notable contemporary Cusqueñan artists and offers full-service personalized attention.
www.xoarthousecusco.com

MLP Travel Extension Packages
Let our MLP travel specialists help you expand your itinerary beyond Cusco and Machu Picchu! Visit other iconic destinations in Peru's colorful Andean highlands, lush Amazonian jungle, and expansive desert coastline. We offer curated trip extensions in The Sacred Valley of the Incas, Arequipa/Colca Canyon, Nazca/Paracas, Lake Titicaca, the Amazon, and more.

THE LODGES

Our mountain lodges have brought together traditional Inca building techniques and sensitivity to the surrounding environment with all the comforts of home. At the end of each day, you will enjoy hot showers, fine gourmet meals, select wines, goose-down bedding, massages, outdoor jacuzzis and highly personalized service from our local staff.



GUIDES

Our guides are among the best in Peru (some even having won international awards) and have on average at least 15 years of experience guiding in the mountains, not only in Peru, but around the world. Many of them are considered pioneers in this area, having scouted many of the current routes in the country. All Mountain Lodges of Peru guides have excellent language skills, and are highly trained in managing group dynamics. All guides undergo continuous medical and rescue training, with a certification in “Wilderness First Aid.” You will appreciate their knowledge of history and cultural traditions, as well as their interpretation of local flora and fauna, and their great insights (and stories!) that go far beyond any guide or history book.

GIVING BACK

In 2006 Mountain Lodges of Peru sponsored the creation of Yanapana Peru, a not-for-profit Civil Association dedicated to social and environmental responsibility. Yanapana is committed to improving the quality of life through sustainable community development, in an effort to reduce extreme poverty in the Andean highlands.

Main activities of the association include donations for the enhancement of nutrition and infrastructure at a local public school, funding and training for local entrepreneurs, which include jam and honey, handmade textiles and organic coffee production. Other supportive efforts are directed towards child sponsorship programs, as well as medical prevention, detection and treatment programs.

In our own journey through sustainability, we realized that it was necessary to take steps beyond what was traditionally being done in social inclusion, which is why in 2012, a joint-venture was born between the community of Huacahuasi and Mountain Lodges of Peru, naming it Kuska Purispa: Walking Together.

We are convinced that sustainable tourism in the region should be built around a model that empowers local communities, making them active investors in local development projects for the long-term benefit of all. We are committed to work under this innovative business model and keep empowering and generating added value to local communities in Peru.

MOUNTAIN LODGES
Perú

Embrace life, encounter adventure

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